ALL INDIA WOMEN'S EDUCATION FUND ASSOCIATION (AIWEFA)

with support from

NATIONAL INSTITUTE OF SOCIAL DEFENCE (NISD)

MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT

workshop on

Promoting Intergenerational Bonding

at Shivaji College, University of Delhi

Thursday, 10th January, 2017

Programme Report

AIWEFA - An Introduction

All India Women's Education Fund Association ie AIWEFA was founded in 1929 under the **leadership of Mahatma Gandhi** and vibrant women stalwarts of the freedom movement like Sarojini Naidu, Rajkumari Amrit Kaur, Aruna Asaf Ali, Kamaladevi Chattopadhyay, Annie Besant among others for empowering women.

Education was recognised as the catalytic agent for social change, and in 1932, AIWEFA founded the Home Science College, Lady Irwin College, New Delhi to bring a scientific temper in women's education. For the last eight and a halh decades, AIWEFA's programmes in rural and urban areas have been implemented to promote holistic and sustainable development for welfare of communities.

Activities promote education and training of women for family and child care, environmental sustainability, health and nutrition, development of rural families through introduction of drudgery reducing equipments for agricultural management, women's skill development, women's political representation and programmes to fight violence against women.

Combining academic strength with sound implementation and training strategies, AIWEFA campaigns and mobilises through its field projects, seminars, workshops, publications and networking, to bring about a sustainable approach to human development and advancement of the weaker sections. Partners include NGOs (India Alliance for Child Rights, Sulabh International), government (Department of Science & Technology, MNRE, Delhi State), public sector (GAIL), corporate (NIIT), and bilateral agencies (UNESCO, FAO, Ford Foundation, UN Women, UNICEF, UNIFEM etc.). In 1999, AIWEFA was granted the **"NGO in Special Consultative Status with the Economic and Social Council of the United Nations (ECOSOC)"**. In 2003, AIWEFA accepted the role of **Regional Coordinator of the UN's Informal Regional Network of NGOs (NGO IRENE)**.

In celebration of its 85th Foundation Year, in 2015, AIWEFA in association with Maruti Suzuki India Ltd. (MSIL) has skilled 400 underprivileged women from Delhi/NCR in safe car driving. In association with UNESCO organised a conference on the **"Transition of Women from Education to full Employment"** highlighting employment opportunities through skill development. With Delhi Police, AIWEFA trained 150 women in **self defence** techniques. On the call of Hon'ble Prime Minister, AIWEFA has initiated the **Swachh Campaign** (Cleanliness Drive) under the leadership of Ms. Meenakshi Lekhi, MP. AIWEFA also launched the programme for conducting 100 Cyber Security Workshops" in Delhi/NCR colleges. So far AIWEFA has organised 27 Cyber Security workshops in Delhi / NCR.

In August 2016 AIWEFA presented the XIVth Nina Sibal Memorial Award, an annual feature, that has been bestowing, an award of Rs. 5 lakhs till this year, now raised to Rs. 7 lakhs upon an organisation working in the area of disabilities.

"A World We Women Want (AW4)" programme was launched to map rich implementation strategies from Africa and SAARC countries to achieve the UN's Sustainable Development Goals (SDGs) at national stakeholders consultation, held at Delhi on 9 March 2016 and internationally at the **"60th Session of the Commission on Status of Women" (CSW60)** at UN headquarters, New York on 15 March 2016.

On16 January 2017 AIWEFA has launched at **New Delhi, India,** the Global South website **"A World We Women Want #AW4: Economic Empowerment"** to capture sound SDG implementation practices from South America, Africa, Asia, and Asia Pacific, which will be followed by the International launch at CSW61, New York on 13 March 2017.

Minute to Minute Programme Schedule

Shivaji College University of Delhi

Tuesday10th January 2017

Time: 01:00 p.m. to 04:00 p.m.

01: 00 p.m.to 01:05 p.m.	Welcome address : Ms. Shweta Gautam ,Shivaji College
01: 05 p.m.to01:10 p.m.	AIWEFA Introduction: Ms. Salra Manchanda , Vice President AIWEFA
01:10p.m.to01:15 p.m.	Programme Introduction : Mr. Anand Katoch, Director NISD **Chief Guest**
01:15 p.m. to 01:20p.m.	Lamp Lighting
01.20 p.m. to 02.00 p.m.	**Technical Session :** Dr. Renu Malaviya
02:00p.m. to 02:40p.m.	**Panel discussion:** Moderator: Dr. Renu Malaviya • Film /Videos • CaseStudies • Panel Discussion Helpage, Shiavaji College ,AIWEFA Students • Laws, prevention and treatment : Ms. Bulbul Das • Remarks : Dr. Adarsh Sharma
02:40p.m. to 03:30 pm	**Activity Session :**Ms. Sunaina Mehra Action by institutions and youth for fostering harmony among generations • Club formation for continuing activity • Questionnaire Administration
03:30 pm to 04:00 pm	• **Feedback forms to be filled by students & faculty and questions from the students.** • **Vote of Thanks: Dr. Adarsh Sharma, AIWEFA**

A one day workshop was organized by All India Women's Education Fund Association (AIWEFA) on "Promoting Ingenerational Bonding" supported by National Institute of Social Defence (NISD) Ministry of Social Justice, at Shivaji College, University of Delhi, from 1:00 p.m. to 4:00p.m. on 10 January 2017.

The theme was chosen to promote intergenerational interaction that is becoming a challenging scenario in the families during the adolescent period in particular. The rapidly changing society has resulted in eroding of the traditional cultural values ,widening the gap in values, beliefs and attitudes between the generations. The growing youth trying to discover their identity and self-find themselves under immense pressure of being controlled and disciplined by family and other adults in the society to conform to the stereo typed behavioral expectation. The breaking down of the harmonious group dynamics results in undesirable behavior patterns drifting the two generations apart instead of being a source of emotional support.

The workshop was very successful and well received. It was well attended by about 200 students of the college (mainly I year & II year students) and about 50 adults (mainly senior citizens) from college faculty, AIWEFA executives, HelpAge, Confederation of Senior Citizens' Associations of Delhi , Gharunda Old Age Home and RWAs.

The event was well advertised through posters and word of mouth at the college. The NSS team, along with NCC of the college were of great help. Dr.Shashi Nijhawan, Principal, Shivaji College, Dr. Mridula Budhiraja ,Incharge NSS, Shivaji college, Ms. Shweta Gautam , Faculty, Shivaji College, also the convener for the above workshop and NSS student-president Ms. Tanya extended whole hearted support in organizing the workshop very meticulously and smoothly.

The two banners were put up at strategic positions ; one at the main gate of college and the other one outside the auditorium.

I INAUGURAL SESSION
(01:00 p.m. to 01:20 p.m.)

The workshop commenced with a welcome address by Ms. Shweta Gautam, faculty Shivaji college and convener of the workshop.

Dr. Sridhara C. Ranga Reddy , Deputy Director, NISD and Chief Guest, inaugurated the workshop by lamp lighting, which was joined by Dr. Shashi Nijhawan and others.

Ms. Sarla Manchanda, Vice President, AIWEFA introduced her 87 year old NGO , established under the leadership of **Mahatma Gandhi** and founder of Lady Irwin College, New Delhi. She explained about its various services rendered to promote holistic and sustainable development for welfare of communities. AIWEFA's activities promote education and training of women for family and child care, environmental sustainability, health and nutrition , development of rural families through introduction of drudgery reducing equipments for agricultural management, women's skill development, women's political representation and programmes to fight **violence against women**. Combining academic strength with sound implementation and training strategies, AIWEFA campaigns and mobilises through its field projects, seminars, workshops, publications and networking, to bring about a sustainable approach to human development and advancement of the weaker sections. In 1999, AIWEFA was granted the **"NGO in Special Consultative Status with the Economic and Social Council of the United Nations (ECOSOC)".** In 2003, AIWEFA accepted the role of **Regional Coordinator of the UN's Informal Regional Network of NGOs (NGO IRENE).**

Dr. Reddy elaborated the role of NISD in taking care of the senior citizens. He appreciated the role of AIWEFA in organizing the workshop and said that the theme is very relevant to the activities of the Institute. He discussed a few issues related to the theme and how our concerted efforts can help in improving intergenerational relations. He assured that NISD will be interested in working with AIWEFA in future as well on other aspects associated with the theme

II. TECHNICAL SESSION
(01:20 p.m. to 02:00 p.m.)

Dr.Renu Malaviya, Associate Professor of Education Lady Irwin College and expert on Conflict Resolution of students, also the author of the book, entitled "Role Overload & Work-Family Conflicts: Managing Personal and Professional Life" conducted the technical session.

The session was presented in an interesting manner having a dialogue with the participants and videos and short films were screened to have a common understanding related to the main issues of the theme . Dr.Renu Malaviya facilitated the session and elaborated on the challenges concerned in intergenerational interaction getting the students from the floor involved. The hand out given by her clearly stated that healthy relationships will never require both parties to sacrifice their goals, dreams or dignity. She highlighted the role of trust, cooperation, support, honesty and accountability as the key values that foster mutual respect in relationships. Her suggestions related to bonding through technology of mobile use, email, twitter, whats app. and other social media options captured the interest of the students and were very well received as means of relating to members of the senior generations. For this youngsters have to take a lead to make seniors well conversant with their use.

III PANEL DISCUSSION:

(02:00 p.m. to 02:40 p.m.)

The third session of panel discussion managed varied stake holders to express their viewpoints. Besides AIWEFA it included panelists from all the partner organizations, viz, Shivaji college faculty & students, HelpAge, Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh senior citizens), Gharunda Old Age Home, as well as legal expert and subject experts. The panel discussion was moderated by Dr. Renu Malaviya

Three short video films were also projected on the screen before starting the discussion.

Dr. Nishtha , Associate Professor, Shivaji College very eloquently spoke about patience, connectivity ,communication , attitude and mind set and how these if kept in balance and at the right place enable us value relationships She expressed that the old people

always want youngsters' respect, time, love and care which they deserve and in return shower their unconditional blessings.

Two senior citizens Shri J.R. Gupta, Chairperson of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh senior citizens) and Shri. Bhatia , Active Facilitator of Gharunda Old Age Home virtually stole the hearts of the audience by their views of how much it means to old parents or grandparents the little attention and emotional support they get from their progeny and young generations. Both highlighted the traditional values of respecting elders and taking care of them. They also narrated some case studies, some of course very sad and bitter and expressed what old people expect from their off springs and how they themselves can help to reduce the gap. Mr.Arun kumar & Mr. Rohit Dhingra of HelpAge were of great help for connecting us with seniors like Shri Gupta & Shri Bhatia.

Tanya Chadha and Yathansh Prakash, students of NSS from Shivaji College also shared their experiences with their parents and grandparents. With digitization of most of the daily activities, the notion that the present generation is more knowledgeable is gaining ground; leading to loss of interest in the older generation and finally neglect. The gap is widening and will worsen unless timely remedial steps are taken. The seniors are hurt when ignored , they crave for attention and love and the young generation needs to spend time with them and small gestures of love and affection please them and make them feel happy and more secure. They related their personal experiences of interacting with grandparents and how valuable those moments were for them and they would cherish those for a long time

Three representatives of AIWEFA took part in the panel discussion.

Ms. Bulbul Das: A practicing Lawyer with special interest in Women's & Children's issues and Legal Advisor to many government and non-government organizations, briefly described the provision of various Laws and Acts that have been formed to protect the interests and rights of the old people and senior citizens. She mentioned how different religions have different provisions related to property, inherence and maintenance aspects. It was highlighted that societal changes have changed the traditional values where elderly ruled the family till the last day of their life. She described the provisions of the recently enacted Act which irrespective of religion makes children/off springs responsible to take care of their parents and elderly

{***Maintenance and Welfare of Parents and Senior Citizens Act, 2007*** is a legislation enacted in 2007, initiated by Ministry of Social Justice and Empowerment, Government of India, to provide more effective provision for maintenance and welfare of parents and senior citizens. This Act make it a legal obligation for children and heirs to provide maintenance to senior citizens and parents, by monthly allowance. This Act also provides simple, speedy and inexpensive mechanism for the protection of life and

property of the older persons}

Mrs SarlaManchanda shared her personal experiences of warm and close interaction she has with her grandchildren and expressed her happiness about the immensely enriched life due to the healthy bonding. She emphasized that the parents are the role models ,when it comes to taking care of and respecting elders are concerned. The middle generation has to play a healthy role to emulate positive values .

Prof. Dr. Adarsh Sharma, Former Associate Professor of Child Development at University of Delhi, Professor at G.B.Pant University of Agriculture & Technology and Ambedkar University of Delhi. Former Director, National Institute of Public Cooperation and Child Development (NIPCCD), Ministry of Women & Child Development, GOI, the SUBJECT-EXPERT wrapped up the panel discussion with her comments. She highlighted the main points made in the presentations of panelists. She cited the scenario of generational clash portrayed so effectively in the Bellwood movie ***Bagban*** and mentioned that if students present in the audience have seen it they would understand the sensitive issues involved in the theme. She pointed out that it is a matter of heart and stems from warmth one can convey which makes all the difference. Socialization within the family and warm parenting aimed at fostering human values can only ensure healthy bonding across generations. She ended by saying that it is hoped the effort of AIWEFA

will make every one introspect and try to bring harmony in relationship and ensure dignity and respect for all concerned.

IV. ACTIVITY SESSION
(02:40 to 03:30)

The Activity session was the big draw with the students; they were getting excited like crazy. It was conducted by Ms. Sunaina Mehra, a young motivational speaker, with whom students could relate well and who boosted up the programme by different activities.

The main aim of the session was to reconnect the students with their parents and grandparents. The session started with posters on students' ideas as how to promote the intergenerational bonding. All the students participated actively. In one particular activity about 100 students wrote down their short stories on a paper and 10 students shared their best and cherished memories with everyone.

She introduced a club formation through an App group for continuity of the activities related to the theme. She was very effective in expressing her views on what all the youngsters can do and should do to give happiness to their elders and parents. She pointed out that elders provide scaffoldings to children and do sacrifices so that the off springs have the best during their growing years. This remains unnoticed by youngsters most of the time. She reminded that the young generation realizes how precious their presence was only after they are gone.
She also facilitated administration of the Questionnaire designed by AIWEFA to get a feedback from the students on the theme.

In the last activity the students burnt their negative thoughts in the form of chits and took pledge and promised that they will always respect and understand their parents and grandparents and fulfill their dreams.

V. CONCLUDING SESSION
(03:30 p.m. to 04:00 p.m.)

The whole workshop was a great success. Refreshments were served to all the participants. Feedback forms were filled and Ms. Sunaina Mehra extended the vote of thanks on behalf of AIWEFA.

CONCLUSION OF REPORT:

The Programme schedule, the questionnaire, the feedback form , the motivational hand out by Dr. Renu Malaviya, and hand out on "About AIWEFA" distributed to all the participants are attached. The acknowledgement letter from thre Principal, Shivaji College is also attached. AIWEFA is also issuing "Certificate of Participation" to all the students who attended the workshop and " Certificate of Appreciation" to all those students who volunteered to help in the organisation of the workshop (attached) The attendance sheets of students and list of senior citizens are also attached the analysis of the Questionnaires and Feed Back forms are also attached.

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NISD

All India Women's Education Fund Association (AIWEFA)

Students' Questionnaire

"PROMOTING INTERGENERATIONAL BONDING"

College:_____

Name of the Student :_____

Gender of Student: ☐ Male ☐ Female

Q.1 Studying in undergraduate Course (Tick mark any one)

☐ 1st Year ☐ 2nd Year ☐ 3rd Year

Q. 2 Native Residence

☐ Rural ☐ Urban

Q.3 Annual Family Income

☐ < 3 Lacs. ☐ 3 to 5 Lacs. ☐ > 5 Lacs.

Q.4 Current residence

☐ Staying with parents ☐ Not staying with parents

Q.5 Type of family

☐ Nuclear ☐ Joint ☐ Extended

Q. 6 Presence of grand parents

☐ Stay with them ☐ Visit them every week ☐ Visit them rarely

☐ Do not have grand parents

Q. 7 Elderly people tend to hinder the progress of the younger generation

☐ Yes ☐ No ☐ Not Necessarily

Q. 8 It is best that the younger generation and senior generation live separately

☐ Yes ☐ No

Please elaborate your answer for Q. No. 7 and Q. No. 8

_____

_____

_____

Hannah Sen Cottage, Lady Irwin College, 4 Sikandra Road, New Delhi – 110001
Tel 011-2331 8376, 2373 6922 E-mail: aiwefa29@gmail.com Website: www.aiwefa.org

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NISD

All India Women's Education Fund Association (AIWEFA)

Feedback form
"PROMOTING INTERGENERATIONAL BONDING"

Q.1 How did you find this workshop? (Tick mark any one)

☐ Very Good ☐ Good ☐ Okay ☐ Could have been better ☐ No learning form it

Q.2 What was the best part of the workshop ?

Q.3 Why do you say that was the best part of the workshop?

Q.4 What are the learnings for you from this workshop ? How do you plan to implement them in your life?.

Q.5 Would you like to attend workshops on similar themes

☐ Yes ☐ No ☐ Maybe

Q.6 What are the possible themes on which you would want to attend more workshops? Please give details

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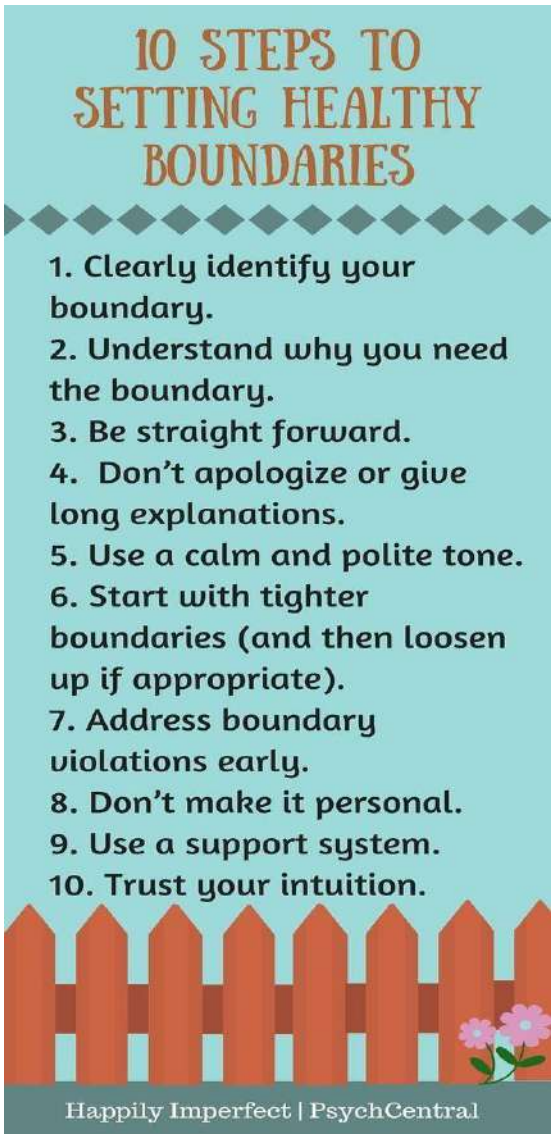
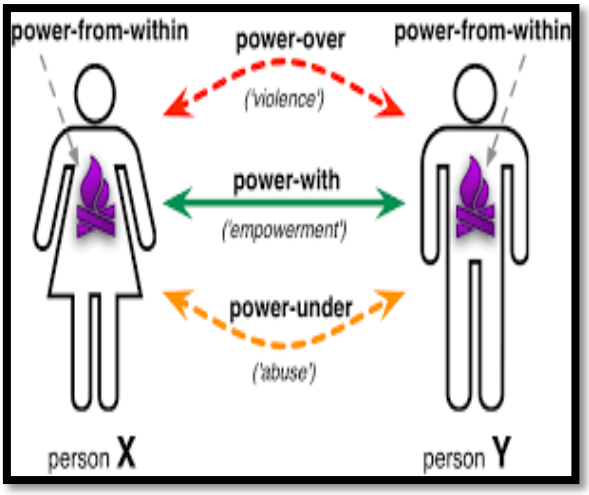
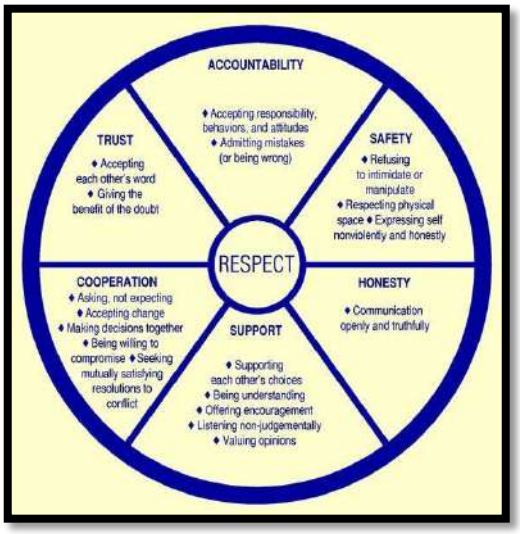
Intergenerational Challenges

By Dr Renu Malaviya




power-from-within
power-over
power-from-within
('violence')
power-with
('empowerment')
power-under
('abuse')
person X
person Y


ACCOUNTABILITY
♦ Accepting responsibility, behaviors, and attitudes
♦ Admitting mistakes (or being wrong)
TRUST
♦ Accepting each other's word
♦ Giving the benefit of the doubt
SAFETY
♦ Refusing to intimidate or manipulate
♦ Respecting physical space ♦ Expressing self nonviolently and honestly
RESPECT
COOPERATION
♦ Asking, not expecting
♦ Accepting change
♦ Making decisions together
♦ Being willing to compromise ♦ Seeking mutually satisfying resolutions to conflict
HONESTY
♦ Communication openly and truthfully
SUPPORT
♦ Supporting each other's choices
♦ Being understanding
♦ Offering encouragement
♦ Listening non-judgementally
♦ Valuing opinions

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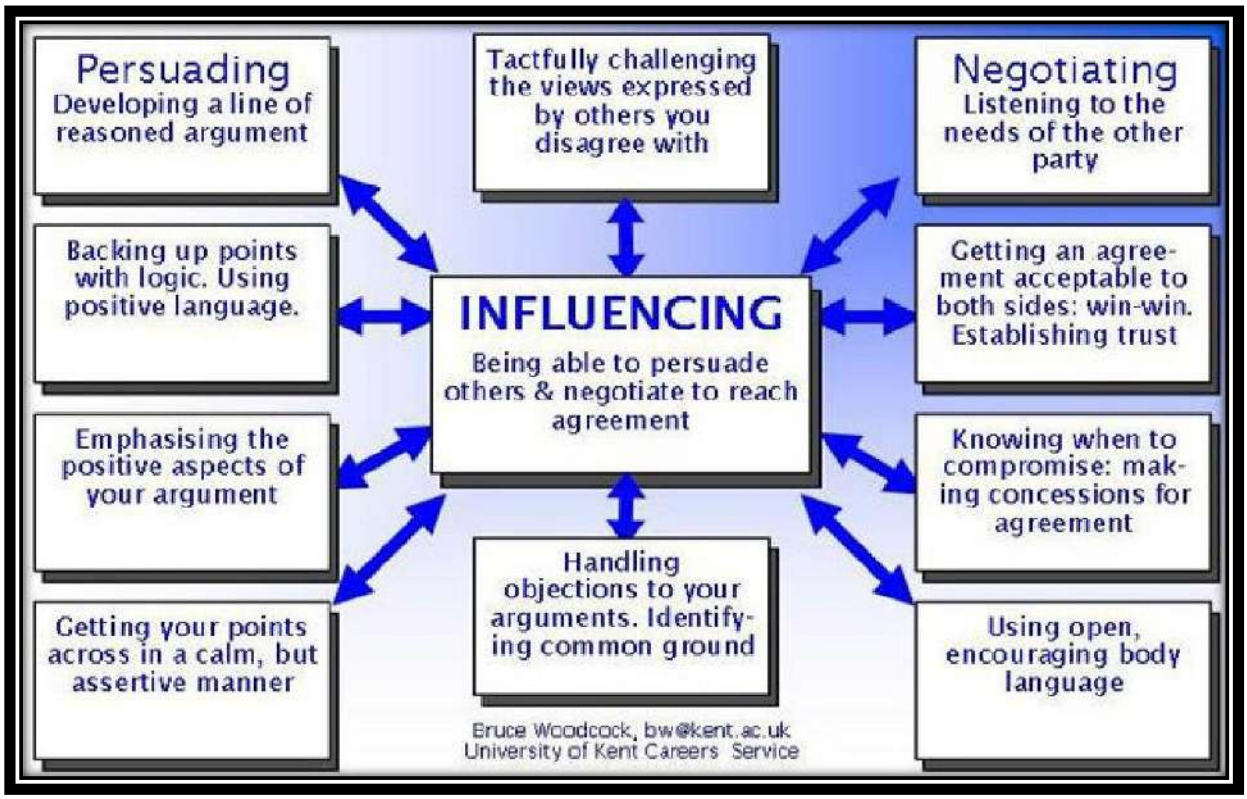
Persuading
Developing a line of reasoned argument
Tactfully challenging the views expressed by others you disagree with
Negotiating
Listening to the needs of the other party
Backing up points with logic. Using positive language.
INFLUENCING
Being able to persuade others & negotiate to reach agreement
Getting an agreement acceptable to both sides: win-win. Establishing trust
Emphasising the positive aspects of your argument
Knowing when to compromise: making concessions for agreement
Handling objections to your arguments. Identifying common ground
Getting your points across in a calm, but assertive manner
Using open, encouraging body language
Bruce Woodcock, bw@kent.ac.uk
University of Kent Careers Service

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ALL INDIA WOMEN'S EDUCATION FUND ASSOCIATION

(AIWEFA)

Certificate of Participation

This is to certify that _____

Student of _____

has attended Promoting Intergenerational Bonding Workshop.

Ms. Asha Chandra
President, AIWEFA

Dr. Shashi Nijhawan
Principal, Shivaji College

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ALL INDIA WOMEN'S EDUCATION FUND ASSOCIATION

(AIWEFA)

Certificate of Appreciation

This is to certify that _____

Student of _____

has attended Promoting Intergenerational Bonding Workshop.

Ms. Asha Chandra
President, AIWEFA

Dr. Shashi Nijhawan
Principal, Shivaji College

शिवाजी कॉलेज
(दिल्ली विश्वविद्यालय)
Shivaji College
(University of Delhi)
NAAC ACCREDITED "A" GRADE COLLEGE

संदर्भ सं०/Ref. No. SH/214/17 दिनांक/Dated 10/01/17

To whomsoever it may concern

This is to certify that a half day workshop was conducted by all India Women's Education Fund Association (AIWEFA), today, at Shivaji College, University of Delhi from 1:00 p.m. to 04:00 p.m. on **Intergenerational Bonding**, sponsored by National Institute of Social Defence (NISD)

The workshop was excellent and motivational attempt to bridge the intergenerational gap.

(Dr. Shashi Nijhawan)
Principal

Date: 10th January 2017

New Delhi

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टेलीफैक्स/Telefax: 011-25155551 • ई–मेल/E-mail: shivajicollege.ac@gmail.com • वेब/Website : www.shivajicollege.ac.in

Workshop on "Promoting Intergenerational Bonding" at Shivaji College, New Delhi

Dr. Sridhara Reddy, Dy. Director, NISD, inaugurating the workshop.

Dr. Renu Malaviya, conducting the Technical Session

Participants at the Panel Discussion

Students at the Panel Discussion

Seniors in the audience

NCC students in the audience

Seniors in the audience Students with posters on reducing Intergenerational Gap

Students burning negative thoughts about older generations