



## ALL INDIA WOMEN'S EDUCATION FUND ASSOCIATION (AIWEFA)

NGO in Special Consultative Status with UN ECOSOC and Observer Status with UNFCCC

with support from

### NATIONAL INSTITUTE OF SOCIAL DEFENCE (NISD)

(Ministry of Social Justice & Empowerment)

30th January 2021  
Saturday

5:00 - 6:30 PM  
(IST)

#### NATIONAL WEBINAR SERIES COVID 19 Community Connects

A webinar on

## COVID 19: YOUNGEST TO THE OLDEST

ONLINE PLATFORM : CISCO WEBEX

- PARTICIPATION CERTIFICATE FOR ALL



#### TALKING POINTS OF THE WEBINAR

- Community Engagement of the youth: reaching out to the elderly and the vulnerable
- Government initiatives and best practices on intergenerational bonding
- Role of School Education
- Age swap: Training to be Together

#### MODERATOR



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#### PROF. SAROJ YADAV

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Registration Link : <https://forms.gle/C3JydxapGVGZASL19>

WhatsApp chat link to join: <https://chat.whatsapp.com/C6dQYcLpbup4RfjzC7wPJG>

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#### MEDIA PARTNERS





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**NATIONAL INSTITUTE OF SOCIAL DEFENCE (NISD)**  
(Ministry of Social Justice & Empowerment)

# NATIONAL WEBINAR SERIES



## COVID 19 Community Connects:

## INTERGENERATIONAL BONDING: Baby boomers and Generations X, Y and Z

## Youngest to the Oldest

## Reboot to promote Intergenerational Bonding

## Health & Nutrition for Elders

## Economy and Livelihoods for Elders

( JANUARY -  
FEBRUARY  
2021)

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**MEDIA PARTNERS:**



# **NATIONAL WEBINAR SERIES**

**COVID 19 Community Connects**

**WEBINAR 2**

**COVID19: YOUNGEST TO OLDEST**

**DATE: 30th January, 2021**

**TIME: 5:00 pm-6:30pm**

**SUMMARY REPORT**



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## Acknowledgement:

This summary report is of Webinar 4: Covid19: Youngest to Oldest which was conducted on 30<sup>th</sup> January 2021, 2021 at 5:00 pm-6:30pm. This was an online webinar organised as a National Seminar Series- COVID by All India Women Education Fund Association (AIWEFA) with support from National Institute of Social Defence (NISD), Ministry of Social Justice and Empowerment. As it was an online platform it was our privilege that many international participants joined the webinar. We had participants not only from different parts of Indian but also from Philippines, Nepal, Morocco, Bangladesh, Thane .The webinar was hosted on the platform WebEx Cisco and link with

<https://aiwefa.webex.com/aiwefa/ldr.php?RCID=bba764f4099a413cb510cad21a0b2ddd>

Password: Aiwefa123

The number of participants were 236.

AIWEFA had founded by Lady Irwin College in 1932 and AIWEFA is always appreciative of the support which comes from Dr. Anupa Siddhu, Director Lady Irwin College and Lady Irwin College at large.

It is because of the vision and ever present support of Ms. Asha Chandra, President AIWEFA that this **National Webinar Series COVID 19: Community Connects** in totality and this particular webinar Covid19: Youngest to Oldest : during the difficult COVID19 times was made possible. AIWEFA acknowledges and is grateful to Dr.Jayanti Dutta, Deputy Director human resource center ,Punjab University ; Dr. Ranjana Vaishnav ,prof. PMU, dept. of social justice and empowerment ,GOR; Dr. Dazy Zarabi , chairperson, community education and disability studies ,Punjab University ; Prof. Saroj Yadav –Former dean academic and national coordinator NPEP NCERT, New Delhi in particular for believing in AIWEFA’s potential and the support from them for making this online National Series a possibility. The experts included Ms. Asha Chandra, President AIWEFA, Dr. Mayanka Gupta, Executive Member, AIWEFA,.

The contribution to the series are also made by Dr.Renu Malaviya , secretary AIWEFA and associate prof, lady Irwin college ,DU; Ms. Rita Menon, Vice President AIWEFA, former Secretary, Ms. Sarla Manchanda, Former Vice-President AIWWFA and Executive Member,

Dr. Adarsh Sharma Former Vice-President AIWEFA and Executive Member, Ms. Chitra Sarkar, Jt. Secretary, AIWEFA, Dr. Mayanka Gupta, Executive Member, AIWEFA.

Thanks are also due to Mr. Mithun Singh and Ms. Asha Ahuja who worked behind the screen to make the webinar a possibility.

Our Student Interns were a great support which include Ms. Yashika , Ms. Palak Khanna, Ms. Srishti Goel and Ms.Palak Sharma

The summary of the proceeding were prepared by Dr. Renu Malaviya, Secretary AIWEFA with the support of Ms. Sarla Manachanda and the Student Interns (Report Committee): Ms. Mansi Sharma, Ms. Simran Luthra, Ms. Japleen Kaur and Ms.Anmol Arora.

The webinar greatly benefited from the close collaboration and partnership of our partners which included Delhi University Times and University of Delhi, Official.



## About AIWEFA:

All India Women's Education Fund Association (AIWEFA) was founded in 1929 under the leadership of Mahatma Gandhi and vibrant women stalwarts of the freedom movement like Sarojini Naidu, Rajkumari Amrit Kaur, Aruna Asaf Ali, Kamaladevi Chattopadhyay and Annie Besant among others for the purpose of empowering women.

Education was recognised as the catalytic agent for social change, and in 1932, AIWEFA founded the Home Science College, Lady Irwin College, New Delhi to bring a scientific temper in women's education.

For the last nine decades, AIWEFA's programmes in rural and urban areas have been implemented to promote holistic and sustainable development for welfare of communities. Activities promote education and training of women for family and child care, environmental sustainability, health and nutrition, development of rural families through introduction of drudgery reducing equipment for agricultural management, skill development, women in political representation, and programmes to fight violence against women.

Today AIWEFA campaigns and mobilizes nationally and internationally through its field projects, seminars, workshops conferences, publications and networking to bring about a sustainable approach to human development and advancement of weaker sections of society. Partners include NGOs, Central and State Governments, public sector, corporate and bilateral agencies.

In 1999, AIWEFA was granted the "NGO in Special Consultative Status with the Economic and Social Council of the United Nations (ECOSOC)". In 2003, AIWEFA accepted the role of Regional Coordinator of the UN's Informal Regional Network of NGOs (NGO IRENE). In 2017 AIWEFA has been conferred the Observer Status with UNFCCC.

In recent years, AIWEFA's programmes include national conferences on "Transition of women from education to full employment" and "Ensuring healthy lives and promotion of wellness in old age" and the national "Khadi goes global" initiative; college and school workshops on cyber security, „Prevention of Drug Abuse" and „Promoting Intergenerational Bonding"; grassroots initiatives include "Promotion and development of handicrafts from locally available resources" in Andaman and Nicobar Islands. Internationally at the United Nations AIWEFA's programmes include "A World We

Women Want” to document robust implementation strategies from Asia, Africa and the global south towards achieving the Sustainable Development Goals. To celebrate Mahatma Gandhi’s 150th birth anniversary and AIWEFA’s 90th foundation year, “Khadi Goes Global” envisages linkages between local khadi clusters and international NGOs towards providing additional employment to farm women and achieving the 2030 agenda for development. NIST in the past had supported AIWEFA by conducting 22 school and college workshops on promoting intergenerational bonding.



## Introduction:

India is a country which prides itself on valuing the importance of family as a closely-knit and the basic building block of society as also the first line of care and support for its members. However, as at many other parts of the globe, demographic and social changes are affecting family trends in India. Public discourses around COVID-19 that portray it as a disease of older people can often exacerbate negative stereotypes about older persons. Social stigma in the midst of a health outbreak can result in people being labelled, stereotyped, discriminated against, treated differently, and/or experience loss of status because of a perceived link with a disease, which can negatively affect those with the disease, as well as their caregivers, family and communities. Although we all are at risk of getting infected by the virus, however, certain sections of the society such as the elderly, persons with disabilities, or persons with pre-existing medical conditions might suffer from more severe consequences. In order to tackle the pandemic, countries across the globe are promoting containment measures which often imply distancing, ensuring that individuals will stay physically away from one another and reduce the spread of the virus. While “Physical distancing” is crucial, it leads to disruption in daily activities. Therefore, the policy of physical distancing needs to be accompanied by social support measures and targeted care for older persons and persons with disabilities and by increasing their access to digital technologies which will improve their social networks, access to health services and pensions. As the pandemic brings out more and more mental health issues it also has created an increase in violence against women, children and the elderly. As per recent data released by the National Legal Services Authority (NALSA), the nationwide lockdown has led to a rapid increase in cases of domestic violence. Children already living in violent or dysfunctional family situation are also highly vulnerable to abuse at home during lockdown which can affect their physical and mental health and may affect their personalities in the long run. A survey conducted in 2019 by the Age well Foundation found out that around 70 percent of elderly face abuse and harassment by family members. This number is likely to increase as older persons who are quarantined or locked down with family members or caregivers may face higher risks of violence, abuse and neglect. Older persons, women and children living in precarious conditions – such as refugee camps and informal settlements are particularly at risk, due to overcrowded living conditions, limited access to health services, water and sanitation facilities, as well as potential challenges in accessing humanitarian support and assistance.

The lockdown, however, presents opportunities to re-focus and re-orient the policies towards these vulnerable groups. For example, intergenerational bonding can help in improving relations within the family and cater to the social, physical and emotional needs of the elderly. Program activities to connect the old and young have produced desirable outcomes and are an effective tool to bridge the generation gap. Social protection and financial assistance to vulnerable women should also be concentrated upon. Maintaining essential physical and mental health support and social welfare services becomes important for children living in violent households. There is a definite need for communication and engagement between vulnerable groups, government, and civil society in order to identify, formulate, and implement protection policies successfully. Long term planning needs also to be concentrated upon in order to stabilize the economy after COVID-19. Not only financial assistance packages, but a new and strengthened focus on improving the health sector along and nutrition practices should be of importance. Digital Re-skilling of the workforce and investing in e-learning sector wherein an equal distribution of resources should also be looked upon in order to improve literacy rates in the country. There is an urgent need to broaden our partnership with civil society and others in shaping the policies that affect their lives. We also need to tackle ageism and stigma against older persons head-on. Governments need to ensure that older persons, persons with disabilities and women are consulted and encouraged to participate in policy decisions to place supportive measures that guarantee their inclusion. Innovative approaches, backed by evidence and data disaggregated by age, but also sex and relevant socio-economic characteristics, are essential to effective public policy making that is inclusive of these vulnerable groups. COVID-19 thus poses a real challenge for the developing countries as the crisis threatens employment opportunities, physical and mental well-being, health and nutrition and equity in education. An air of uncertainty which looms all around the world is making individuals concerned about their future. In these testing times, it is best to understand the impact of the crisis on government, healthcare, economy, and lifestyle to re-orient ways which are in sync with sustainable development goals 2030 to minimize harm to the individual in the society ,“This is a time when we need to help each other within our families, neighbourhoods” and communities. We need to rebuild solidarity and social fabric that are so important when a crisis of such magnitude strikes. To fight the virus, greater solidarity and respect for each other are needed from all of us!” Among the various social institutions, the family is probably the only institution that is „truly age integrated”.

The education system both at the school level as well as at the higher education level also always has a greater understanding and insight into the dynamics and connects between the generations of the family and the child or the young adult. The school system in particular and the college and university system in general are well aware of the role that school and family interface or college and family interface can play in the holistic development of the child, adolescent and the young adult. With COVID pandemic the education system rose to the situation and managed to restructure itself towards a vast increase in technology usage trying to keep the momentum of the learning- teaching processes, opening dialogues with family members across the generations ie grandparents, parents, children and at time even the extended family as also other stake holders. Hence the education system has many lessons to share with reference to intergenerational bonding, mental health issues, increased but optimal use of technology for intergeneration bonding and the way forward as the 'New Normal' is well here to stay even after the COVID goes away.

**Through this webinar series, AIWEFA seeks:**

1. To provide a premier interdisciplinary platform for researchers, practitioners and educators to discuss how the intergenerational understanding can be promoted to bridge the generation gap and enhance generational re-engagement in the family, community and the wider society.
2. To showcase the wide spectrum touching the violence across varied age groups and scenario during this global pandemic and deliberate on how the gaps can be fulfilled
3. To focus on pressing issues at the time of this global pandemic, trends, and concerns as well as practical challenges encountered and solutions that families, elders, women, Government, society can adapt and integrate into the cultural and social milieu.
4. To expand the scope of the intergenerational perspective and alert corporations to realize the need to seriously work towards an intergenerational workforce in an aging society.
5. To look at the possibility of creating an Intergenerational Strategy Committee to recognize the inevitability of such invisible disasters and the need to adequately prepare all
6. To gain insight into the, 'New Normal' educational processes and their conceptualisation towards intergenerational bonding.

**Programme Schedule and Minute to Minute:**  
**WEBINAR 2**  
**COVID 19: YOUNGEST TO OLDEST**  
**DATE: 30th January, 2021**  
**TIME: 5:00 pm-6:30pm**

Time	Speaker	Topic
4:50 pm to 5:00 pm		Virtual assembling
5:00 pm to 5:03 pm	Ms. Sarla Manchanda	Invocation and Virtual Lamp Lighting
5:03 pm to 5:10 pm	Ms. Sarla Manchanda	Introduction to the webinar
5:10 pm to 5:25 pm	Ms. Asha Chandra	Inaugural & Welcome Address
5:25 pm-5:35 pm	Dr. Jayanti Dutta	Age Swap: Training to be together
5:35 pm- 5:45 pm	Dr. Ranjana Vaishnav	Government initiatives and best practices on intergenerational bonding
5:45 pm to 5:55 pm	Prof. Saroj Yadav	Role of School Education
5:55 pm- 6:05 pm	Dr. Dazy Zarabi	Community Engagement of the youth: reaching out to the elderly and the vulnerable
6:05 pm to 6:15 pm	Dr. Renu Malaviya	Q & A Session
6:15 pm to 6: 28 pm	Dr. Adarsh Sharma	The way forward
6:28 pm to 6:30 pm	Dr. Renu Malaviya	Closing and Webinar 3 poster

## Proceedings:

**Virtual Lamp Lighting:** Ms. Sarla Manchanda, Executive Member, AIWEFA former vice-president AIWEFA

**Moderator and Discussant:** Dr. Renu Malaviya , Secretary AIWEFA, Associate Professor, Lady Irwin College University of Delhi.

**Welcome Address and Inaugural Address** Ms. Asha Chandra, President AIWEFA

**Way forward:** Dr. Adarsh Sharma , Executive Member, AIWEFA former vice-president

### **About the Conference:**

**Dr. Renu Malaviya, Secretary AIWEFA, Associate Professor, Lady Irwin College University of Delhi.**

**Dr. Renu Malaviya** on behalf of All India Women's Education Fund Association (AIWEFA) greeted and welcomed all the participants across the globe who have joined on this virtual platform. The dreadful experience of COVID:19 which is also being termed as "New Normal" has led to us connecting as a community from all parts of the world and different time zones. Hence, our National Webinar Series "COVID:19 Community Connects" is organized by All India Women's Education Fund Association (AIWEFA) with support from National Institute of Social Defence (NISD) Ministry of Social Justice and Empowerment.

As we know family is the primary socialization unit for its members and most of us had our families on our minds during this pandemic, whether being with them all hours of the day or being away and worrying about them. The family and the community play a key role in promoting and strengthening intergenerational bonding. Along with that it is also important to note the contribution of the Education System and the role that schools play in encouraging the youth to become an agent and in understanding and enhancing intergenerational bonding.

Keeping this and the current status of the world, of living through a pandemic, in mind we present the second day in our five-part webinar series on the theme of "COVID 19: Youngest to the Oldest".

### **Virtual Lamp Lighting:**

The lamp lighting session began with the virtual lamp lighting ceremony shown in the video of lamp lighting.

**Ms. Sarla Manchanda, Executive Member, AIWEFA , former vice-president AIWEFA**

Ms. Sarla Manchanda requested everyone to join in for the virtual lamp lighting, symbolic for spreading the message of love and bonding between the different generations- from youngest to the oldest.

She introduced the second webinar of the series on COVID:19 Community Connects. The first one was on COVID: 19 Reboot to Promote the Intergenerational Bonding was held on 29th January and was very well received by the participants of India and abroad. India like many developing countries in the world is presently visiting Rapid Changes in the ageing of its Population. Almost 8 out of 10 Older people in India live in Rural areas. Urbanization, Modernization and Globalisation had led to change in the Economic structure, Erosion of Social values and the change of Social Institutions such as a joint family. In this changes occurring in the economic and social values, the younger generation is searching for the identities and encompassing Economic independence and social roles within and outside the family. The changing economic structure reduced the dependence of rural families on land which had provided strength to bonds between generations. In both rural as well as urban scenarios the traditional sense of duties as well as obligations of the younger generation towards their older generation is being eroded. The older generation is caught between the decline. The traditional values on one hand and the absence of social and economic security system on the other hand, has led the community to face Social and Economic pressures that are impinging on internet. Intergenerational relationships require proper policies towards improving the value of India and Senior Citizens. India as compared to many so-called developed countries has spoken up about this problem well in time. We have well realised the value of intergenerational bonding within the family when we were in lockdown and we are together during the COVID:19 which has the negative influence but the positive influence is more. So, AIWEFA Felt that there is a large need to fill the intergenerational gaps than ever before and we are grateful to NISD to support AIWEFA for this cause. NISD in the past had supported AIWEFA by conducting 22 school and college workshops on promoting intergenerational bonding. The college workshops were so motivating that many students started calling their parents and grandparents on their mobile phones during the break. According to the zoom 2016 Stanford report The Importance of Intergenerational Bonding are such that older adults constitute the wellbeing of youth, use the sense of purpose and extends benefits both ways. Establishing intergenerational relationships helps both groups to learn



about each other's differences and similarities by building relational bonding and self-fulfilment. Social bonding can support youth and ageing adults through a variety of activities that encourage and engage both groups. In many countries they encourage to build old age homes and junior schools to the same premises. It was felt that all the three generations need each other for the development and for the better understanding amongst themselves. The young generation have to play the most important role and make the maximum efforts to make cordial relationships as they are the most flexible ones. The youth is still in the process of moulding their personalities and need to learn about the elderly people to respect each other and inculcate patient hearing habits to the slow and rigid way of elders. Youth must take the advantage of elder's experience and about their life and need not ever consider them useless. should take the time as they are energetic and the parents have to think about their duty about their wards and their elders. It is necessary that the youth have to play a very vital role to see that in society the seniors are respected and well looked after Physically and Mentally, Financially and Emotionally. they are not deprived of any right, legal or any other, and should be able to spend their old age gracefully and with dignity. The children have to learn the value of being together and as a volunteer and watch dogs to safeguard the legal rights of all generations. Thus, contribute to the peaceful and harmonious society for all generations. Connections between generations are essential for mental health and stability. India needs healthy family relationships at present than ever before because today's Young women are seeking identity and career so that she could establish a relationship and balance between her Motherhood and career for which the support of the family is very important.

**Ms. Asha Chandra, President AIWEFA**

Ms. Asha Chandra greeted the participants and all the people who joined from different parts of the world. She welcomed all the speakers in the first online series of Community Connect during the COVID:19.

She began the speech by describing a few words about the AIWEFA. It is established in Lady Irwin College by the visionary women under the guidance of Mahatma Gandhi. It aims at Indian women emancipation through learning which included lady Dorothy, Rajkumari Amrit Kaur, Sarojini Naidu and many more. Lady Dorothy was the first President of AIWEFA. The team was first responsible for management and expansion of the college. In 1990, the organisation felt the increasing need to rediscover itself in this Global era, to make itself socially responsive, relevant and visible in the light of changing needs and issues amongst women. With the focus on gender issues and urgent social practice required to mainstream



women. AIWEFA had worked at the grass root level at Rural and Urban areas in government schools and other institutions. For the Person's with Disabilities and the Elderly. It also provides new employment opportunities like car driving and financial Consultants. AIWEFA with the United Nation Commenced 25 years ago with the participation of the world's 4th World Women conference that was held in Beijing in 1995. This was followed by the regional meeting of South Asian Association of Regional Cooperation (SAARC), United Nations, Women's participation in the political process. At the United Nations, AIWEFA in 1999 received the Consultative Status with the Economic and social council (ECOSOC). In 2003, AIWEFA Appointed Regional Coordinator to the UN's Informal regional Network of NGO (NGO IRENE) and in 2017 another feather in the cap was a UN Framework Convention on Climate Change (UNFCCC) observer status. AIWEFA has also participated in UN headquarters in New York With women's empowerment programs. Commission on the Status of Women (CSW) meeting in New York with representatives from 193 different member states had been held annually in march for two weeks to deliberate on the theme priority and the review theme. Some UN programmes include The World We Women Want, Khadi Goes Global conducted at the UN headquarters in New York. The upcoming UN programme is a Virtual Webinar on the World We Women Want: Gender just and violence free take place on 18<sup>th</sup> of March 2021 with the permanent vision of India, New York. Further from amongst 5000 + worldwide NGOs who are in consultative status with the UN, AIWEFA CSW- 65 in march 2021, the written document will be amongst the 146 written statements to be uploaded on UN women official site. AIWEFA connects with the student community and the youth with campaigns, conferences, workshops and seminars to equip them in cyber security measures, prevention of drug abuse and in intergenerational bonding. The COVID-19 corona virus has paused a global relook and been reinventing global relook at the way we had been interacting. AIWEFA response and recovery method had been included to encourage college students to prepare and disseminate videos and posters on safety measures and a backpack of emergency. They have been focussed on the most vulnerable part of society, the persons with disability. AIWEFA's sustainable solutions with the persons with disability brought together National Organizations in COVID-19 to build coping mechanism amongst people and especially children with special needs to face the challenge. It will help in building practises that can be replicated and skilled up for other organisations to follow.

Ms. Asha Chandra welcomed all the participants and distinguished panelists to the AIWEFA's second series Covid:19 Community Connects in partnership with the National Institute of

Social Defence, Ministry of Social Justice and Empowerment.. She welcomed all the speakers and all the participants.

**Dr Jayanti Dutta Deputy Director, Human Resource Development Centre, Panjab University, Chandigarh.**

**Dr. Jayanti Dutta** first thanked everyone for inviting her on this prestigious platform. She shared her thoughts based on her experience of working in higher education and in the area of public health. Through a picture that said Mind the Gap she took her presentation forward. There is a time gap between the generations and it occurs when there is no commonality between them. She shared an example regarding how she and her mother cannot talk to each other on her professional domains because of no commonality in this area. Also, she elaborated that this gap does not highlight the compromise in love and care, but is just natural. One should be conscious of this gap as it is very incremental. She further elaborated that this gap is further elaborated by the media, society and culture. During her study on how old people are presented as there are certain fixed ideas about different generations about their social roles. If we want to reduce this gap, we need to develop our competencies, knowledge, attitude and skills in a way that we perform in a better manner. Training which involves investment into the family also leads to realisation and reflection of certain things. Further she described about the SAMA Model that talks about the Sensitisation, Awareness, Motivation and Action. We all know that intergenerational bonding is necessary but when it is put forward before us in a tangible manner only then we become conscience of it and that is a part of training as described further. This would lead to action among us to move forward in this area. Young people do not know how is it to be old, so therefore there is a geriatric model that gives the younger generation through various tools a feeling of how it feels to be old physically. When someone becomes old, they might become cranky and arrogant and therefore they also need some training to be able to remember how it was to be young. Therefore, a balance needs to be there. She said that during the pandemic some workshops were held which involved games like spot the oldies which gave a realisation that how they are cut from our daily lives. There were role plays and quizzes as well both for young and old generations apart from other activities. She also talked about a movie named Ichhapuran, based on how two generations reverse their roles and how they understand each other's difficulties and problems, making them more sensitive towards each other. Then there are cross friends with people of different generations having friends with the other generation, this initiative helps them understand each other better. These initiatives can be taken and should be taken by each and every person. She then talked about age swap through

a mythological story of Yayati and Puru. Through this we can understand that people of old age can take away enthusiasm from the young generation and similarly people of young generation can take away their wisdom and advice. These small things can go a long way in bridging the intergenerational gaps if the intention and the will is there as put forward by Dr Jayanti Dutta.

**Dr. Ranjana Vaishnav, Prog. Manager Department of Social Justice and Empowerment, GOR**

**Dr. Ranjana Vaishnav** thanked the AIWEFA team for inviting her, giving the opportunity to learn the vision and accomplishments of AIWEFA in detail. She shared that covid-19 pandemic has given a pause and restored the family value, morals, ethics, love and affection among family members. She also mentioned that COVID-19 pandemic has heightened the vulnerability issues of the old age, youth, unemployment, refugees, homelessness, disability, substance abuse and a history of incarceration. She focused on the ageing population and shared some relevant data where 31% of the elderly citizen population globally are suffering from illness, more than 60% of the women post the age of 70 years represent to be widows, 5% of the total elderly population live alone by themselves. Along with the statistics, Dr. Vaishnav also shared the ill effects of COVID-19 including health issues, loss of jobs, financial crises and loss of attachment and intimacy of the two family and peer groups. She highlighted that COVID-19 itself can also lead to many neurological and mental complications such as hallucination, agitation and stroke. She also shared that there are numerous examples of abuse, neglect and discrimination against individual during COVID-19 and many cases are recorded. With the double burden of social and digital exclusion at the same time the elder people need an opportunity to understand and comprehend the technology. Dr. Vaishnav also highlighted that when three generations live under the same roof and in close vicinity for a longer period of time and especially in a country like India it can help to keep them healthy and strong. Next to this, Dr. Vaishnav talked about the Elderly care and the intergenerational bonding in the context of elderly physical wellbeing, emotional and financial wellbeing including inadequate living standards poverty and social inclusion which is intensified due to their significantly higher health and social care requirements. Dr. Vaishnav also discussed that with the demographic changes both mother and father are working, the grandparents are being the caretakers of their grandchildren. It is the need of the hour to give importance to the family value system, love and respect to each other which increases the need for intergenerational bonding. She suggested that creating a sensitive environment for grandparents for their physical

and mental needs, recreation and providing opportunity to build a close relationship, participation in cross learning experience where we can learn from each other is required. After this Dr. Vaishnav also highlighted some of the ways to promote intergenerational bonding which include Providing immediate connection with targeted services, Narrowing the Living standard gap, Preventing emotional hardships and Empowering citizens for cross sharing platforms, uptake of new services and fostering skills for continuing development. Dr. Vaishnav also shared some of the best practises being followed in India for the elderly care in which Kerala government is working on intergenerational bonding schemes and elderly care schemes which include Svayamprabha scheme which provides assistance to senior citizens and maintenance, tribunal for registering cases, state inquiries of all the cases and for making arrangements for hearing and Adalat procedures. Another scheme of Kerala government is Janamaithri scheme which provide regular monitoring, visits, interactions and protection on phone calls, visiting them, organising field visits and advising them on their personal problems. Dr. Vaishnav discussed some more schemes like Asha Kiran from Kerala. Dr. Vaishnav moved towards the discussion related to initiatives taken by Rajasthan government for elderly people, In Rajasthan 7.2% population is at 60 years of age and there are 44 old age homes in Rajasthan state, they have a mechanism for enhanced monitoring and operations for rewards and recognition and quality of services, as it will further promote support for fundraising. They are also working on revision of existing guidelines and developing new schemes. They have also developed Information, Education and Communication (IEC) strategies and capacity building framework. They have developed elderly care services and have also developed monitoring mechanisms for the developing old age homes. They have also developed time bound grievance redressal and compliances. They are also developing happiness quotients for lonely people living in these old age homes. She mentioned that as the International Elderly People Day is celebrated on 1st October. On this day the Rajasthan government has also distributed IEC. They have used WhatsApp and Facebook for spreading awareness in public about what they need to do for the elderly people.

**Prof. Saroj Yadav, Former Dean Academic and National Coordinator NPEP, NCERT, New Delhi.**

**Prof. Saroj Yadav** thanked Dr. Renu Malaviya for inviting her. She started her Presentation by saying that it is not only during the COVID: 19 but holistically, there is a need for the Intergenerational bonding in India. We have the largest number of youths in our country and if we are able to spread awareness and spread the positive attitude among them it will be helpful

for us. She highlighted that since adolescent is a period of rapid growth and girls are suffering from diseases like anaemia due to lifestyle changes and lack of awareness caused by the gap between the older and the younger generation due to changing family structure. So, there is no one to guide the children. Therefore, the role of school education plays a very important role. She mentioned that it is very important to raise our young children in the right manner even if their parents are working. Secondly, she shared that the adults also have to understand how they can also gain benefit from the younger generation. She shared that in the schools Grandparents day is celebrated so that both children and the older generation can also interact with each other. She mentioned the new academic calendar given by NCERT, during the COVID-19 in which the grandparents are expected to help the children to come out with various projects on different themes like Growing up Healthy where the elders can help the children to be healthy and tell them what to eat and what not to eat. She highlighted that the National Policy on Education 2020 at 37 places has mentioned the role of community, the young population and also the elderly population. They have mentioned that each senior citizen will mentor at least one child. Secondly the policy also mentioned that as we are living in a society so even those who are not in blood relationship with us, they can also mentor the children such that both elderly and children are benefitted. It was also mentioned that when the elderly people interact with the children there is a 73% increase in their satisfaction. The school education has mentioned a number of projects like family stories, local history where the students have to collect from their grandparents the local history. Secondly the young children can also help the grandparents to know about the new technology. One more important thing is reading together, the school education is focusing on the reading together where the child can read to their grandparents if the grandparents are not able to read and the grandparents can narrate some of the stories orally. Prof. Yadav also highlighted some activities like Growing gardens, playing games together, role play competitions on the topics like growing healthy, having healthy relationships during adolescence, HIV aids prevention etc. The school invite the grandparents so that if the grandparents are little vigilant then definitely this can help the children also and all these role plays can help the grandparents to teach the girls particularly about menstruation when parents do not have the time. In NCERT there is a National Repository of Open Learning (NROER) where a lot of materials are available for the community members to read. The schools are asked to invite the community and particularly focus on those senior citizens who can be very beneficial to the children. So, the grandparents and grandchildren need to be interacting in order to share experiences and learn that they are very important for each other. In India, we are lucky that we only have 728 official figures of

old age homes we have no too big old age homes. We will have to have our own family members at home and then only we will be able to make a Great Society and a Nation.

**Dr. Dazy Zarabi, Chairperson, Community Education and Disability Studies, Panjab University, Chandigarh.**

**Dr. Dazy Zarabi** shared that she feels privileged in order to present herself and to hear all the other speakers of the session. As the Chairperson of Department of Community Education and Disability Studies, Dr. Zarabi mentioned that in the Department they have postgraduate course in Community Education which is the only course in community education across the Nation and B.Ed. Learning Disabilities. She shared that in the Department the students to work at the grass root level where they are prepared to do assignment, visits to villages, slums and colonies and work with different people. She mentioned that Intergenerational gap is not the difference in terms of age but it's a difference of opinion between one generation to the another which could be regarding believes, values, policies and it is a perceived gap between the younger children, their parents and their grandparents. The most important part is in our culture where we are having a strong system of family as a unit of all the generations where we are living together and the socialization process is held in such a manner that the child will be brought up with all the family members and understand the value of family system. But due to the Industrialization and Modernization, many children want to migrate from India to different parts of the world and leave behind their parents. As we all are talking about building the gaps between the generation but it is only possible when all are living with each other and it is very difficult for the older generation to move abroad and live in the new society and cope up with the new surroundings where they are not brought up but their children have to stay to new places because for more opportunities. She mentioned that in there Department of Community Education, the students are given projects to visit the old age homes. She stated that there is a need of promoting old age homes as alternative where the elderly can be looked after. As children are young and have to grab all the developing opportunities whereas the elders can live at these homes with all the opportunities. We all are focusing on youth because they all are active and develop skills will help in effective leadership in the future and also create a sense of belongingness. In Early Times grandmothers talked to their grandchildren about the problems they are facing and giving the possible solutions. Young couples need to respect that Grandparents are taking care of the children rather than putting them in the creche. So, their college children visit old age home and to the people which are having problems and discuss



with them the best possible solutions and engaging them with different activities and can arrange small trip to the holy towns and places where they can enjoy their life. Sometimes they can be with the counsellor so that they can take care of their emotional wellbeing. The college children also have given the personal touch to the elders of old age home by giving or sharing their number so that they can call them whenever they are in need and this is the practical way of removing intergenerational gaps.

### **The question-and-answer round began after the presentations.**

The number of questions that the speakers talked about, further added to the richness of the Webinar. Many questions were being put up by the participants out of which few were taken up and rest of the questions were forwarded to the Panelists to gain some knowledge from their expertise.

One of the question was “According to you what are the barriers that restrict people in empathising with the generation other than their own?” was asked for **Dr. Jayanti Dutta**. **Dr. Jayanti Dutta** answered by saying that if we look inside ourselves, we will understand and we also have to train our minds to look from other person’s eyes. The barriers are self-centricity and too much thinking about ourselves.

Another question saying “What do you think the values are being placed on developing intergenerational bonds and one thing that needs to be changed to enhance that value?” was asked for Dr. Ranjana Vaishnav

**Dr. Ranjana Vaishnav** responded by saying that we are born and brought up in a way that whatever we do like the way we communicate etc. depends on our culture and we are developing values and the value system needs to be respected for the same.

To the same question we also got to learn from **Dr Dazy Zarabi** who said that we need to practice what we preach and should not have two faces. We need to have honesty in our relationships with respect to elders and this how intergenerational bonding can be created.

Another important question was for **Dr. Saroj Yadav** saying that “How can the intergenerational bonding be inculcated in school value system?”

**Dr Saroj Yadav responded** by saying that values cannot be taught and should be caught. That is why in the New Education Policy Experiential learning is being focused upon to inculcate these values in our youth because children are great observer. It should be activity based and values, care and respect should be incorporated through various activities.



At the end of the Question and Answer Session **Dr. Mayanka Gupta requested to play the Way Forward Video of Prof. Adarsh Sharma, Executive Member, AIWEFA**, Executive Member, AIWEFA former vice-president AIWEFA

**Prof. Adarsh Sharma** began by explaining why she could not present her views live. She didn't want to miss this opportunity despite the constraints and so recorded her views. She thanked all the panelists for enlightening everyone through their views and Dr. Mayanka Gupta and the interns for their planning. She said that in this system we need to dwell upon the way forward. She shared a few ideas regarding the same. According to her intergenerational re-engagement is necessary to create opportunities of bringing together the generations to understand each other. She further elaborated that unlike the west, we have favourable traditional cultural values that promote bonding amongst each other. We continue to be strongly embedded in the extended kinship matrix as a society. She said that the elderly in our society is obeyed and their values can be different that can create disharmony in the family and society. A family provides nurturing to the family members and parents can pass on this to the children. According to her social media can be a very powerful tool and infects everyone and therefore it must be used to promote positive aspects of such relationship. Across various organisations and schools' intergenerational programmes need to be promoted to benefit both old and young. For these changes have to be brought in the curricula and the module. She thinks that the pandemic has provided us ample opportunities to be together. Even if there have been unpleasant episodes they must be forgotten or worked upon. Documentation and dissemination about the same are important and will take long way in harmonising the interaction.

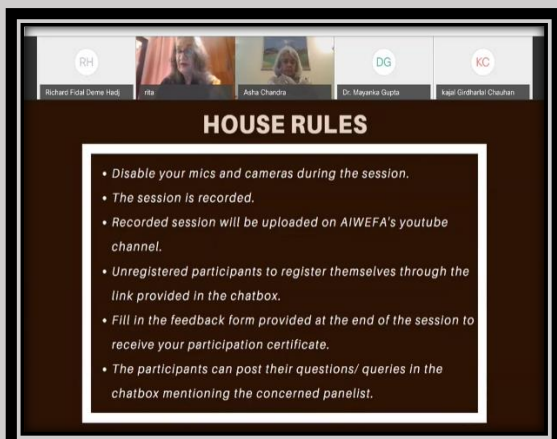
**Dr Renu Malaviya** closed the webinar by thanking all the panellists and guests for joining in. All the resource persons were acknowledged as well by Dr Malaviya. And they were Prof. Adarsh Sharma (Executive member, AIWEFA), Ms. Asha Ahuja (Administrative staff, AIWEFA) and all the interns namely Ms Palak Sharma (E content designing intern), Ms Palak Khanna, Ms Srishti Goel (Technical team interns), Ms Anmol Arora, Ms Mansi Sharma, Ms Japleen Kaur and Ms Simran Luthra (Report writing interns).

Further the participants were asked to fill the feedback form and information was given for upcoming webinars.

## Annexure 1:

# WEBINAR 2 - PHOTO GALLERY

(30<sup>TH</sup> January, 2021)



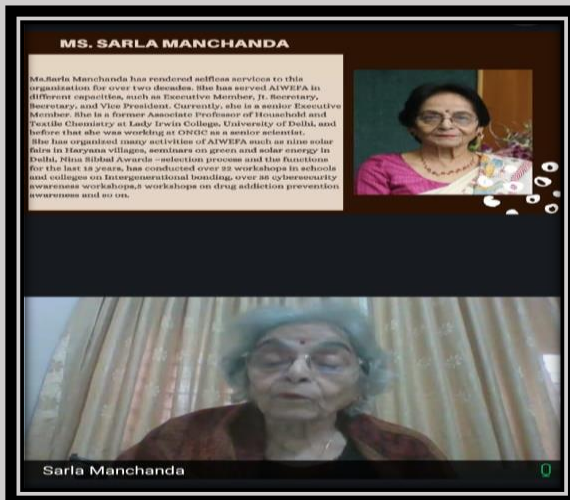
**HOUSE RULES**

- Disable your mics and cameras during the session.
- The session is recorded.
- Recorded session will be uploaded on AIWEFA's youtube channel.
- Unregistered participants to register themselves through the link provided in the chatbox.
- Fill in the feedback form provided at the end of the session to receive your participation certificate.
- The participants can post their questions/ queries in the chatbox mentioning the concerned panelist.



**AIWEFA**  
**All India Women's Education Fund Association**  
NGO in Special Consultative Status with UN ECOSOC and Observer Status with UNFCCC  
with support from  
National Institute of Social Defence (NISD)  
(Ministry of Social Justice and Empowerment)  
NATIONAL WEBINAR SERIES  
COVID 19 Community Connects

**PANELISTS**



**MS. SARLA MANCHANDA**

Ms. Sarla Manchanda has rendered selfless services to this organization for over two decades. She has served AIWEFA in different capacities, such as Executive Member, Jt. Secretary, Secretary, and Vice President. Currently, she is a senior Executive Member. She is a former Associate Professor of Household and Textile Chemistry at Lady Irwin College, University of Delhi, and before that she was working at ONGC as a senior scientist. She has organized many activities of AIWEFA such as nine solar fairs in Haryana villages, seminars on green and solar energy in Delhi, Miss Bharat Award - selection process and the functions for the last 18 years, has conducted over 25 workshops in schools and colleges on Inter-generational bonding, over an cyber security awareness workshops, workshops on drug addiction prevention awareness and so on.

Sarla Manchanda



**MS. ASHA CHANDRA**

President: All India Women's Education Fund Association (AIWEFA)  
An advertising professional, Asha Chandra's expertise spans multimedia platforms. Having worked with the world's leading advertising agencies - J Walter Thompson (JWT) and Ogilvy & Mather (O & M) - and as a short filmmaker and writer, she brings a target-oriented, all-encompassing approach to the social sector. The President of the 20-year-old All India Women's Education Fund Association (AIWEFA), Ms. Chandra has been the Governing Body Chairperson of the Lady Irwin College, founded in 1922 by AIWEFA. Adapting to the new normal of the coronavirus has become the need of the hour and AIWEFA embarks on this journey with codice programming.

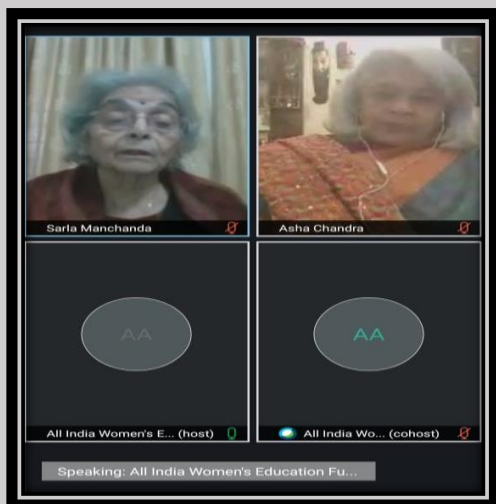
Renu Malaviya



**LAMP LIGHTING**

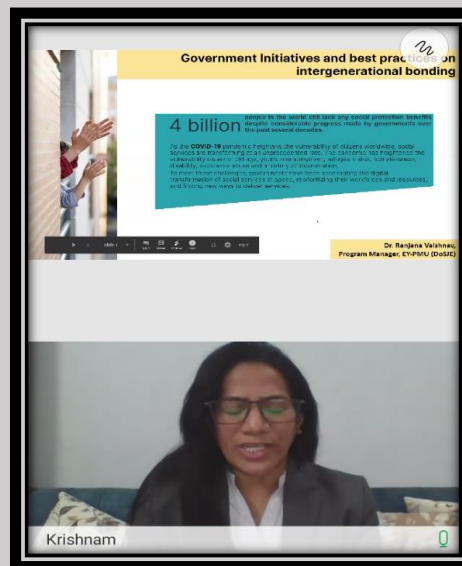
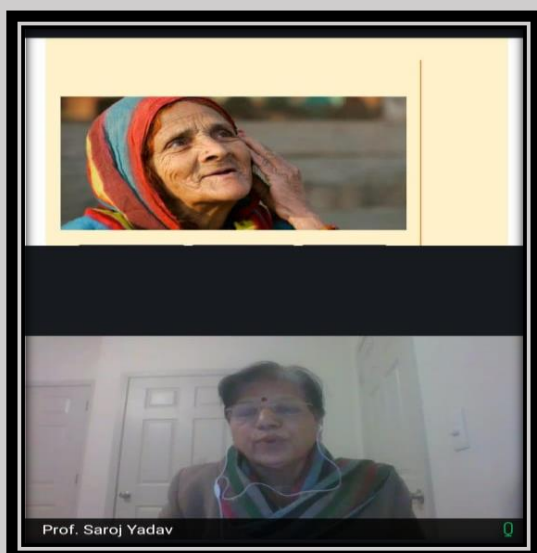
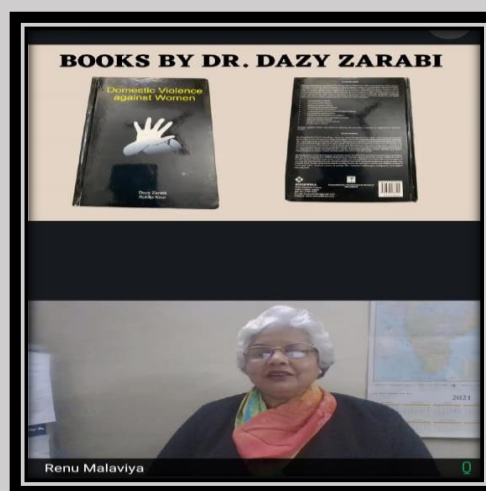
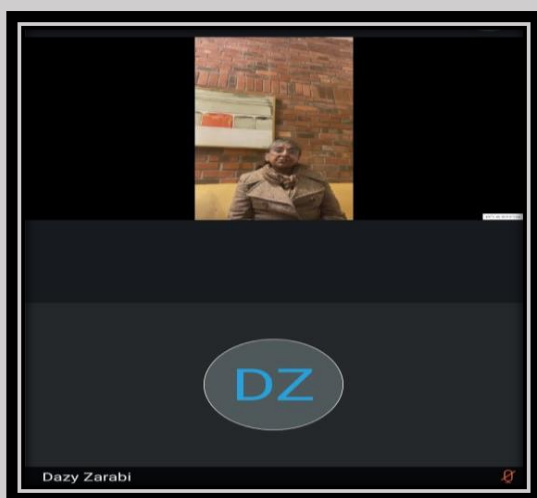
# WEBINAR 2 - PHOTO GALLERY

(30<sup>TH</sup> January, 2021)



# WEBINAR 2 - PHOTO GALLERY

(30<sup>TH</sup> January, 2021)



## **Annexure 2:**

# WEBINAR 1 - Profile of the speakers

## **Dr. JAYANTI DUTTA**



Dr. Jayanti Dutta is Faculty in Human Resource Development Centre, Punjab University, Chandigarh. She is a biologist by training and has been the founder of Public Health at Panjab University. Her research areas have been public health, higher education faculty training and science popularization. She has been the recipient of National award for her film on tuberculosis, conferred by the CSIR, New Delhi. She has experience of working with more than 5000 teachers and of mentoring more than 100 professional development programmes, 40 research papers in journals of national and international repute, two co-edited books, book chapters, 50 book reviews and several writeups, research projects for Council of Scientific and Industrial Research, Chandigarh Council for protection of Child Rights and University Grants Commission.



## **Dr. RANJANA VAISHNAV**

Dr. Ranjana Vaishnav is a development professional (Gender and Skill Development Expert). She has extensively worked in the area of Women and Child rights, gender and skill development, and entrepreneurship promotion and got recognition and accolades. She has been awarded a Ph.D. Degree in Human Development and has published books, research papers, reports and IEC materials. She has managed PMU (Accenture and Ernst and Young) for Central and State Government projects with Rajasthan Skills and Livelihood Development Corporation- GOR, Ministry of Skill Development and Entrepreneurship- GOI, National Skill Development Corporation, Haryana State Industrial and Infrastructural Development Corporation and Department of Social Justice and Empowerment- GOR.

## Prof. SAROJ YADAV



Prof. Saroj Yadav has worked as Dean Academic and worked as Head of Department of Education in Social Sciences. She has also been the National Coordinator of National Population Education Project and Adolescence Education and also developed textual materials from classes VI- XII Program. She has a masters and MPhil. Degree in Economics from Panjab University. She was a part of National Position paper Focus Group on Health and Physical Education developed by NCERT. From 2008 she has been working for the development of syllabi, textual and other materials. She has developed textual materials on Yoga- A Healthy Way of Living for classes VI- X. She organised 63 meetings regarding National Education Policy 2020. She was also the coordinator of the National Population Education Project. Also coordinated the implementation of Adolescent Education Programme founded by and international organisation namely UNFPA in National Agencies. She recently developed materials on School Health and wellbeing's as a part of Ayushman Bharat of Government of India.

## Dr. DAZY ZARABI



Dr. Dazy Zarabi is the chairperson of the Department of Community Education and Disability Studies, Panjab University, Chandigarh with a Ph.D. in Population and Development Education. She has been associated with the projects of the population and Development Education Cell, Regional Resource Centre, Ministry of Health and Family Welfare, Government of India, Population Foundation of India, New Delhi and others. Dr. Zarabi has been the consultant, trainer, tool designer for several projects. Her research work has been thrust areas of Population and Development Education i.e., Reproductive health and Reproductive rights, Adolescent education, Gender Equality and Equity, Empowerment of women, Family Life Education, RTI/ STD/ STI/ HIV/ AIDS.

She has written and edited four units comprising ten lessons of Post Graduate Diploma in Health, Family Welfare and Population Education and participated in various seminars, trainings, organisations. She is the chairperson and member of many professional State and National Level professional bodies.



### **Annexure 3:**

## **WEBINAR SECRETRIAT**



**Ms. Asha Chandra**

(AIWEFA) An advertising professional, Asha Chandra's expertise spans multimedia platforms. Having worked with the world's leading advertising agencies – J.Walter Thompson (JWT) and Ogilvy & Mather (O & M) – and as a short filmmaker and writer, she brings a target-oriented, all-encompassing approach to the social sector. The President of the 92-year-old All India Women's Education Fund Association (AIWEFA), Ms. Chandra has been the Governing Body Chairperson of the Lady Irwin College, founded in 1932 by AIWEFA. Adapting to the new normal of the coronavirus has become the need of the hour and AIWEFA embarks on this journey with online programming.



**Dr. RENU MALAVIYA**

Dr. Renu Malaviya, the secretary of AIWEFA and Associate Professor, University of Delhi, with experience in teaching, research and extension, she has been associated with projects by CARE, SAVE THE CHILDREN, UNFPA, ILO, UGC, University of Delhi, University of Edinburgh, Scotland, UK, King's College, London. Besides 20 books for academics, has published books on bibliotherapy, contributed chapters to 25 books and modules. She has presented papers at national and international conferences. An RCI certified special- educator, CBSE Certified master trainer, is Advisor to the Commissioner of Disability, member, Mental Health Counselling team, University of Delhi, Equal Opportunity Cell, DU and trainer of trainees with expertise in Intergenerational bonding, life skills, pedagogy, mental health, gender- capacity building.



### **Ms.Sarla Manchanda**



Ms.Sarla Manchanda has rendered selfless services to this organization for over two decades. She has served AIWEFA in different capacities, such as Executive Member, Jt. Secretary, Secretary and Vice President . Currently she is a senior Executive Member. She is a former Associate Professor of Household and Textile Chemistry at Lady Irwin College, University of Delhi and before that she was working at ONGC as a senior scientist.

She has organized many activities of AIWEFA such as nine solar fairs in Haryana villages, seminars on green and solar energy in Delhi, Nina Sibbal Awards –selection process and the functions for the last 18 years, has conducted over 22 workshops in schools and colleges on Intergenerational bonding, over 35 cyber – security awareness workshops,5 workshops on drug addiction prevention awareness and so on.



### **Adarsh Sharma**

Professor Adarsh Sharma, presently a freelance consultant in the field of early childhood education and human development and has worked with national and international organizations and agencies on short and long term assignments.

With a Masters in Human Development and Family Studies from MS University of Baroda, she received her doctoral degree from University of Delhi and undertook post doctoral research as a Fulbright scholar at Pennsylvania State University in 1991. Her professional career spans four decades in various academics and technical institutions. She retired as Director of National Institute of Public Cooperation and Child Development(NIPCCD), MWCD. She supported establishment of the Center for Early Childhood Education and Development (CECED) at Ambedkar University of Delhi in 2010.

## Dr. MAYANKA GUPTA



Dr. Gupta is an Associate Professor at the department of Resource Management and Design Application, Lady Irwin College, University of Delhi. Her doctoral degree focused on Gerontology, Quality of life and Inclusive design of Old Age homes. She is an International speaker on Ageing and has conducted several papers in international and national conferences and seminars. She has been the trainer for intergenerational bonding, resume writing, theatre for change and HIV/ AIDS. Presently is the Advisor to Student's Association of her college. She has been a participant of two exchange programmes related to community living and HIV/ AIDS to America and Canada respectively, Executive member, AIWEFA and Assistant. Professor, Lady Irwin College.

### **Annexure 3:**

## **WEBINAR SECRETARIAT**

### **Dr. MAYANKA GUPTA**



Dr. Gupta is an Associate Professor at the department of Resource Management and Design Application, Lady Irwin College, University of Delhi. Her doctoral degree focused on Gerontology, Quality of life and Inclusive design of Old Age homes. She is an International speaker on Ageing and has conducted several papers in international and national conferences and seminars. She has been the trainer for intergenerational bonding, resume writing, theatre for change and HIV/ AIDS. Presently is the Advisor to Student's Association of her college. She has been a participant of two exchange programmes related to community living and HIV/ AIDS to America and Canada respectively, Executive member, AIWEFA and Assistant. Professor, Lady Irwin College.

## **Annexure 4:**

### **AIWEFA EXECUTIVE**

#### **PATRONS**

Dr. Karan Singh

Dr. Sarala Gopalan

#### **CO-OPTED EXECUTIVE MEMBERS**

Dr. Usha Sharma

#### **ELECTED EXECUTIVE MEMBERS**

Mr. Riaz Umar

Ms. Sarla Manchanda

Dr. Adarsh Sharma

Mr. Himanshu Rai Vaish

Ms. Ishani Chandra

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Ms. Rita Menon, Vice-President

Dr. Renu Malaviya, Secretary

Ms. Chitra Sarkar, Jt. Secretary

Mr. Umesh Chand Goyal, Treasurer

Mr. Sudarshan Sharma, Jt. Treasurer

#### **AIWC REPRESENTATIVES**

Ms. Sheela Kakre

Ms. Kuljit Kaur

Ms. Rehana Begam

#### **DIRECTOR, LADY IRWIN COLLEGE**

Dr. Anupa Siddhu

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Palak Khanna, Srishti Goel

### **E-content designing committee**

Palak Sharma

### **Report writing committee**

Simran Luthra, Anmol Arora,  
Japleen Kaur, Mansi Sharma.

### **Social media committee**

Palak Khanna, Srishti Goel

### **Research committee**

Yashika Malhotra

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