







Workshop on “Promoting Intergenerational Bonding”

**at Salwan Girls Senior Secondary School New Delhi,
Block 40, Old Rajinder Nagar, Rajinder Nagar,
New Delhi, Delhi 110060**

On Saturday, 27 January 2018

**Supported by National Institute of Social Defence
Ministry of Social Justice & Empowerment**

A REPORT



ESTD. 1929

ONE DAY WORKSHOP FOR

“PROMOTING INTERGENERATIONAL BONDING”

Supported by
National Institute of Social Defence (NISD)
(Ministry of Social Justice & Empowerment)

Organised by
All India Women's Education Fund Association (AIWEFA)

Salwan Girls Senior Secondary School

Saturday 27 January 2018
Time: 08:30 a.m. to 11:30 p.m



BACKGROUND NOTE

Owing to AIWEFA's close association as Trust Body of Lady Irwin College and experience in conducting workshops for students and faculty on subjects like "Cyber Security", "Prevention of Drug Abuse" etc. in about 35 colleges of the University of Delhi, Indraprastha University and others, AIWEFA discovered a growing gap in the outlook of the different generations, leading to conflict situations. Owing to contemporary changing family settings, social structures and processes and socio cultural factors, there has been a growing gap between the generations in attitudes, prejudice, beliefs and values. This has sometimes given way to antisocial behavior, violence and aggression towards individuals and groups.

There is, therefore, an urgent need to understand the dynamics of change in the community and sensitize the generations to maintain elements of community organization, harmony, peace and ethical behavior for the development of a happy, healthy and sustainable society.

Students as they grow up are in the process of forming social self, self concept, self esteem, and identity while peers, family, society, community and others seek to control, discipline, and persuade them to conform in their own vision. Group dynamics breakdown leads to erratic behavioral patterns. For this purpose, All India Women's Education Fund Association (AIWEFA) with support from the National Institute of Social Defence, Ministry of Social Justice, is organizing workshops for school and college students. Particular attention is given to include students from National Service Scheme (NSS) and National Cadet Corps (NCC).



ABOUT AIWEFA

All India Women's Education Fund Association ie AIWEFA was founded in 1929 under the leadership of **Mahatma Gandhi** and vibrant women stalwarts of the freedom movement like Sarojini Naidu, Rajkumari Amrit Kaur, Aruna Asaf Ali, Kamaladevi Chattopadhyay, Annie Besant among others for empowering women.

Education was recognised as the catalytic agent for social change, and in 1932, AIWEF founded the Home Science College, Lady Irwin College, New Delhi to bring a scientific temper in women's education. For the last eight and a half decades, AIWEFA's programmes in rural and urban areas have been implemented to promote holistic and sustainable development for welfare of communities.

Activities promote education and training of women for family and child care, environmental sustainability, health and nutrition, development of rural families through introduction of drudgery reducing equipments for agricultural management, women's skill development, women's political representation, and programmes to fight violence against women.

Combining academic strength with sound implementation and training strategies, AIWEFA Campaigns and mobilises through its field projects, seminars, workshops, publications and networking, to bring about a sustainable approach to human development and advancement of the weaker sections. Partners include NGOs (India Alliance for Child Rights, Sulabh International), government (Department of Science & Technology, MNRE, Delhi State, NISD) public sector (GAIL), corporate (NIIT), and bilateral agencies (UNESCO, FAO, Ford Foundation, UN Women, UNICEF, UNIFEM etc.). In 1999, AIWEFA was granted the **"NGO in Special Consultative Status with the Economic and Social Council of the United Nations (ECOSOC)"**. In 2003, AIWEFA accepted the role of **Regional Coordinator of the UN's Informal Regional Network of NGOs (NGO IRENE)**.

AIWEFA in association with Maruti Suzuki India Ltd. (MSIL) has skilled 400 underprivileged women from Delhi/NCR in safe car driving. In association with UNESCO organised a conference on the **"Transition of Women from Education to full Employment."** With Delhi Police, AIWEFA trained 150 women in **self defence** techniques. On the call of Hon'ble Prime Minister, AIWEFA has initiated the **Swachh Campaign**. For the last 15 years AIWEFA presents the **"AIWEFA-Nina Sibal Memorial Award**, annually to an organisation working in the area of disabilities. AIWEFA also launched the programme for conducting 100 Cyber Security Workshops" in Delhi/NCR colleges. So far AIWEFA has organised **27 Cyber Security workshops in Delhi / NCR**.

"A World We Women Want (AW4)" programme and the Global South website **"A World We Women Want #AW4: Economic Empowerment"** were launched in 2016 & 2017 to capture sound SDG implementation practices and



strategies from Africa, Asia, and Asia Pacific and SAARC countries to achieve the UN's Sustainable Development Goals (SDGs) at national stakeholders consultations, as well as internationally at the **"60th & 61st Sessions of the Commission on Status of Women" (CSW60 & CSW61)** at UN headquarters, New York. **Compendiums were also released at both the events.**

Currently AIWEFA is involved in completing a project of Andaman & Nicobar Island's Government- **"Promotion & Development of Handicrafts from locally available resources"**

Currently AIWEFA is involved in organizing 5 workshops on **"Awareness & Prevention of Drug Abuse"** in the University of Delhi colleges, and this workshop is one of them. Earlier in 2017 AIWEFA organized 2 workshops on **"Promoting Intergenerational Bonding"**. Now again we will be conducting 10 more workshops in Delhi schools/colleges on the same topic. **All these workshops are supported by National Institute of Social Defence (NISD), Ministry of Social Justice & Empowerment.**



Programme Schedule
Salwan Girls Sr. Sec. School
Saturday 27 January 2018
Time: 08:30 a.m. to 11:30 a.m.

Workshop on **"Promoting Intergenerational Bonding"**

Time	Activity & Details	Resource Person
08:30 a.m. to 10:00 a.m.	Session I : Activity Session : a) Poster making completion. b) Slogan writing completion. c) Judging the entries. d) Administration of questionnaire and feedback forms.	Dr. Usha Sharma <i>Executive Member, AIWEFA</i>
10:00 a.m to 10:05 a.m	Lamp Lighting /Welcome Song	
10: 05 a.m to 10:10 a.m	Welcome address:	Salwan Girls Sr. Sec. School
10: 10 a.m to 10:15 a.m	AIWEFA Introduction:	Ms. Sarla Manchanda <i>Vice President, AIWEFA</i>
10:15 a.m to 10:20 a.m	Welcome Chief Guest: Programme Introduction	Ms. Alka Sibbal <i>Principal :Salwan Girls Sr. Sec. School</i> National Institute of Social Defence (NISD)/ Ms. Sarla Manchanda (Vice President, AIWEFA)
10:20 a.m to 10:50 am.	Session I : Technical Session : Intergenerational Bonding a. Understanding each other's perspective b. reflection and brainstorming session based on expressions of seniors & juniors. c.. strategies for strengthening Intergenerational Bonding	Dr. Renu Malaviya: <i>(Associate Professor of Education, Pedagogue & Mental health professional</i>
10:50 a.m to 11:20 a.m	Session III : Legal Session: a. Film / Videos b. Case Studies c. Laws, prevention and treatment	Adv.Shveta Gupta <i>(Lawyer registered with Delhi Bar Association and Delhi Legal services)</i>
11:20 a.m to 11:25 a.m	Prize distribution	
11:25 a.m to 11:30 a.m	Vote of thanks	Salwan Girls Sr. Sec. School
11:30 a.m	Refreshments	



REPORT

A one day workshop was organised by All India Women's Education Fund Association (AIWEFA) on "Promoting Intergenerational Bonding" supported by National Institute of Social Defence (NISD) Ministry of Social Justice, at Salwan Girls Sr. Sec. School, from 08:30 a.m. to 11:30 a.m. on Saturday 27 January 2018.

The workshop was very successful and well received. It was well attended by 114 students of the School and about 14 school faculty and AIWEFA executives.

The event was well advertised through posters, extensively by social media and word of mouth. Posters were displayed from 2-3 days ahead of the workshop at strategic positions in the school. Ms. Alka Sibbal, the Principal of the school, co convenors for the workshop, Ms. Shipa Arora and Ms. Anjali Main and other teachers of the school, Ms. Shilpa Lingwal in particular, extended whole hearted support in organising the workshop very meticulously and smoothly. Student volunteers from the school also helped.

AIWEFA had put 2 banners, one at the gate of the school and the other in the auditorium.

SESSION I, the Activity Session of the workshop was conducted from 08:30 a.m. to 10:00 a.m. under the supervision of Dr. Usha Sharma, a Physical & Mental Fitness Expert. The session mainly involved conducting the '**Poster Making**' & '**Slogan Writing**' competitions in class rooms by the school art- teacher and other teachers.. There were about 80 entries for both Poster Making and for Slogan Writing. Students showed great enthusiasm for taking part in the competitions.. Both the Posters & Slogans were excellent in terms of beauty and the content Dr. Sharma & team of teachers from the school judged entries and marked them 1st, 2nd & 3rd positions for both Poster-Making & Slogan –Writing. The judgements were finally approved by the technical Expert Dr. Renu Malaviya. Prizes were given later in the workshop.

The remaining part of the workshop started at 10:00 a.m. with a welcome song by students under the guidance of their music teacher and the AIWEFA team & the audience were welcomed by Ms. Shilpa Lingwal.

Ms. Sarla Manchanda, Vice President, AIWEFA welcomed the students to the workshop on behalf of AIWEFA and introduced her 88 year old NGO, established under the leadership of **Mahatma Gandhi** and founder of Lady Irwin College, New Delhi. She explained about its various services rendered to promote holistic and sustainable development for welfare of communities. She talked about its current involvements in National and International activities. Ms Sarla Manchanda also introduced the programme of NISD and the need for such a workshop.

This was followed with a very motivational speech by the Principal of Salwan School, Ms. Alka Sibbal. Ms. Alka Sibbal, an alumna of Lady Irwin College, founded by AIWEFA was very appreciative of AIWEFA and Lady Irwin College. She emphasized on the importance of the topic of the workshop in today's context. She advised students to take full advantage of the workshop and contribute towards betterment of the society. She believed in building up the value system of students right through the young age and also referred to a workshop held in the school where they had invited grand-parents of the students, This was followed by the Technical Session on "Promoting Intergenerational Bonding".

SESSION II (Technical Session):

It was conducted by **Dr. Renu Malaviya**, a Pedagogue & Mental health professional, Dr. Malaviya has authored and edited many books and developed many modules for teachers as well as for students. Has conducted many workshops on capacity building, special needs and inclusive education of adolescents and youth. She is an expert on Conflict Resolution of students.

The session was presented in an interesting manner having a dialogue with the participants and videos and short films were screened to have a common understanding related to the.

main issues of the theme .**The main feature of the session was that all the discussions took place at the understanding level of class VIII and building up of the right value system from that tender age was emphasized.** Dr.Renu Malaviya facilitated the session and elaborated on the challenges concerned in intergenerational interaction getting the students from the floor involved. The hand out given by her clearly stated that healthy relationships will never require both parties to sacrifice their goals, dreams or dignity. She highlighted the role of trust, cooperation, support, honesty and accountability as the key values that foster mutual respect in relationships. Her suggestions related to bonding through technology of mobile use, email, twitter, whats app. and other social media options captured the interest of the students and were very well received as means of relating to members of the senior generations. For this youngsters have to take a lead to make seniors well conversant with their use. This will lead to a better understanding between the juniors and seniors and will result in a happier, healthier and safe society.

SESSION III (Legal Session):

In the technical session, the concept of generation- gap, and efforts to workout on different techniques and ways to bridge the generational gap were discussed thoroughly. Taking the discussion forward, the second technical session on law was to create awareness about various laws safeguarding the interests of parents and senior citizens and to discuss more on the special legislation formulated for the same purpose ie., 'Maintenance and Welfare of Parents and Senior Citizens Act, 2007'. Ms.

Shveta Gupta, an advocate registered under Delhi Bar Association and Delhi Legal Services took the technical Session II. Ms Gupta is working for a society working for legal awareness

The session began with a discussion on history of Indian culture of respecting the elders and 'need to worry' situation of parents, grand parents and senior citizens at present in India. Ms. Gupta explained how the number of older persons is rising with the increase in life expectancy rate and how the level of elderly abuse and violence is expected to rise with the same. Students agreed that the news of violence, abuse and crime against parents and senior citizens is increasing day by day in the city. Students were explained about the different types of Violence and Abuse which are being committed upon parents and senior citizens.

The resource delivered a Power Point Presentation, on laws and discussed following laws safeguarding the rights of senior citizens and parents:



- Provisions of Constitution – Article 38, 41 and 47
- Legislations – Personal Laws
 - o Hindu Adoption and Maintenance Act, 1956
 - o Muslim Personal Laws
 - o Christian and Parsi Laws
- Code of Criminal Procedure, 1973 – Section 125 (Maintenance for Parents)
- The Maintenance and Welfare of Parents Act, 2007
 - o Meaning of Parent and Senior Citizen
 - o Rights of Maintenance and Other Reliefs – Legal obligation on Children
 - o Procedure to apply for the relief
 - o Punishments for infringement of law
- Other Government Policies on Health, Travel, Banking, Housing, Insurance, Reverse Mortgage and Others

Ms. Gupta also highlighted a comparison of Indian laws and policies with the laws of United States, British, Canada, China, and South Africa protecting rights of Senior citizens and parents.

Prize Distribution Ceremony:

After the three main sessions the Prize Distribution Ceremony took place. The entries for the Poster Making and Slogan Writing were excellent and 1st prize of Rs. 500/-, 2nd prize of Rs. 300/- and 3rd prize of Rs.250/- (cash) were given to the following students:

I. For Poster Making:

1st Prize-Ms. Mitali-Class: VIII D.

2nd Prize- Ms.Arya Singh-Class: VIII C.

3rd Prize- Ms. Ridhima-Class: VIII D

II. For Slogan Writing:

1st Prize-Ms. Nasreen-Class: VIII D

2nd Prize- Ms Anmol –class: VI D.

3rd Prize Ms .Maya – class: VIII C.

Students were very excited to be rewarded like that.Prizes were given by AIWEFA as well as school teams. Over all 6 Prizes were given.

Evolving Strategies:

Ms. Manchanda gave her remarks about the evolving strategies. She emphasized that all the three generations need each other and efforts need to be made by all to bend and mend the attitudes for a better understanding amongst themselves. The Value system needs to be inculcated from the young age. To bridge the gap between different generations , the young generation has to play the most important role and make the maximum efforts to maintain the cordial relationships as they are the most flexible The youth is still in the process of moulding their personalities and need to learn to give respect to all the elderly people, inculcate a patient hearing habit to the elderly's slow and rigid ways, Youth must learn to take advantage from rich experiences of the senior generations and need not ever consider them useless. Young generation should understand the time, financial and energy-efficient limitations under which their parents have to discharge their duties towards their wards as well as seniors.It is here that the youth has to play a very vital role to see that in the society seniors are respected, well looked after physically, financially and emotionally.They are not deprived of any of their rights, legal or otherwise ,should be able to spend their old age gracefully with dignity. The youth has to learn well the value and strength of being together (unity in diversity) and **act as volunteers** and **watchdogs** to safeguard the interests and legal rights of all generations. Thus contribute towards a peaceful, happy and harmonious society.

This was followed by a question -answer session and a feedback form was given to be filled. Finally **pledge – taking** to “ **Promote Intergenerational Bonding**” was administered by Ms. Shveta Gupta as follows:



On this day ie. 27 January 2018 we pledge that we will respect our parents, grandparents, teachers and all Senior Citizens and help them in all situations. We will listen to them patiently and benefit from their experiences. We will peacefully make them understand our viewpoint, make them conversant with latest digital techniques for better communication leading towards a loving, harmonious and healthy society.

The whole workshop was a great success. The student volunteers were of great help. A vote of thanks was proposed by Ms Shilpa Lingwal. Refreshments were served to all the participants

The e-certificates of participation & appreciation were also issued later on. Information about the workshop-background-note, About AIWEFA, Programme-Schedule and resource -material received from Dr. Renu malaviya were distributed to all the participants before the start of the workshop. The information about the workshop (copies of the banner) and posters on the topic were displayed all over the college. Expenditure statement is given separately.

REPORT compiled & edited by :

Ms. Asha Chandra, President AIWEFA, Ms Sarla Manchanda, Vice President AIWEFA, & Mr Mithun Singh, Office Sec. AIWEFA,



ANNEXURES:

- I. Questionnaire form.
- II. Feedback form.
- III. Resource material- hand outs from Dr. Renu Malaviya
- IV. C.V. of Resource persons.
- V. Attendance sheet of AIWEFA team & Salwan School faculty
- VI. Attendance sheet of student-participants
- VII. Statement of Expenditure.
- VIII. Photographs



ANNEXURE I.

All India Women's Education Fund Association (AIWEFA)

Students' Questionnaire "PROMOTING INTERGENERATIONAL BONDING"

School: _____

Name of the Student : _____

Gender of Student: ☐ Male ☐ Female

Q.1 Studying in undergraduate Course (Tick mark any one)

☐ 1st Year ☐ 2nd Year ☐ 3rd Year

Q. 2 Native Residence

☐ Rural ☐ Urban

Q.3 Annual Family Income

☐ < 3 Lacs. ☐ 3 to 5 Lacs. ☐ > 5 Lacs.

Q.4 Current residence

☐ Staying with parents ☐ Not staying with parents

Q.5 Type of family

☐ Nuclear ☐ Joint ☐ Extended

Q. 6 Presence of grand parents

☐ Stay with them ☐ Visit them every week ☐ Visit them rarely

☐ Do not have grand parents

Q. 7 Elderly people tend to hinder the progress of the younger generation

☐ Yes ☐ No ☐ Not Necessarily

Q. 8 It is best that the younger generation and senior generation live separately

☐ Yes ☐ No

Please elaborate your answer for Q. No. 7 and Q. No. 8

Hannah Sen Cottage, Lady Irwin College, 4 Sikandra Road, New Delhi – 110001
Tel 011-2331 8376, 2373 6922 E-mail: aiwefa29@gmail.com Website: www.aiwefa.org



ANNEXURE II.

All India Women's Education Fund Association (AIWEFA)

Feedback form "PROMOTING INTERGENERATIONAL BONDING"

Q.1 How did you find this workshop? (Tick mark any one)

☐ Very Good ☐ Good ☐ Okay ☐ Could have been better ☐ No learning form it

Q.2 What was the best part of the workshop ?

Q.3 Why do you say that was the best part of the workshop?

Q.4 What are the learnings for you from this workshop ? How do you plan to implement them in your life?.

Q.5 Would you like to attend workshops on similar themes

☐ Yes ☐ No ☐ Maybe

Q.6 What are the possible themes on which you would want to attend more workshops? Please give details

All India Women's Education Fund Association (AIWEFA)

Hannah Sen Cottage, Lady Irwin College, 4 Sikandra Road, New Delhi – 110001


Tel 011-2331 8376, 2373 6922 E-mail: aiwefa29@gmail.com Website: www.aiwefa.org

AIWEFA seeks partnerships for programmes on society welfare

ANNEXURE III.

Intergenerational Challenges

By Dr Renu Malaviya



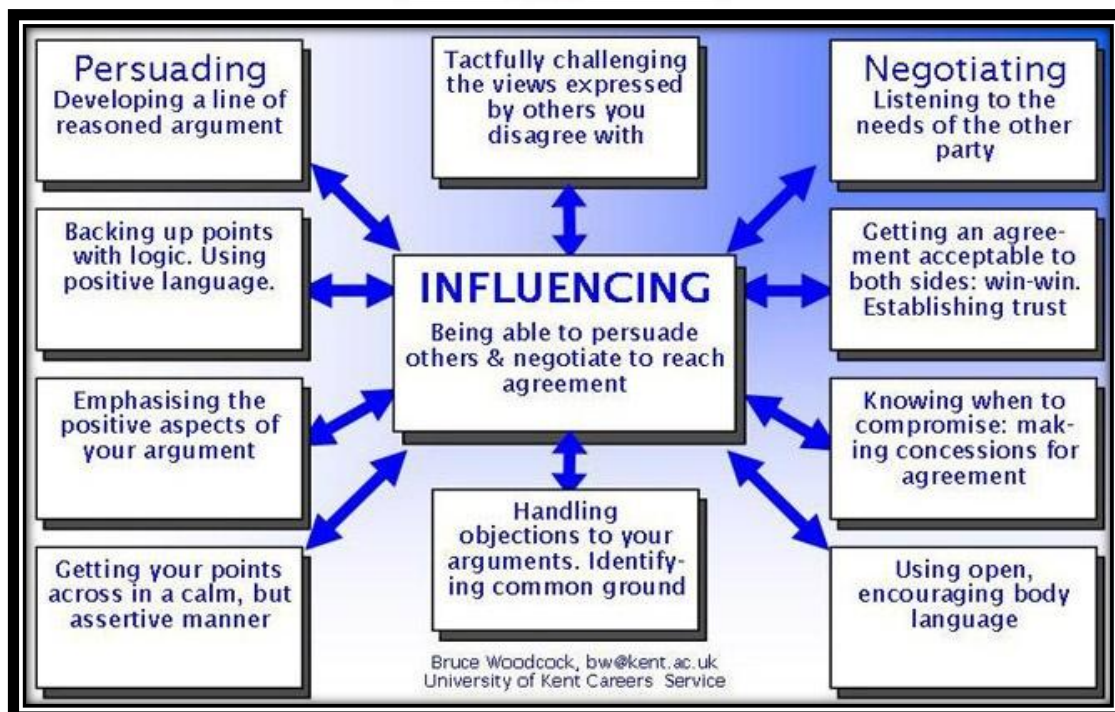
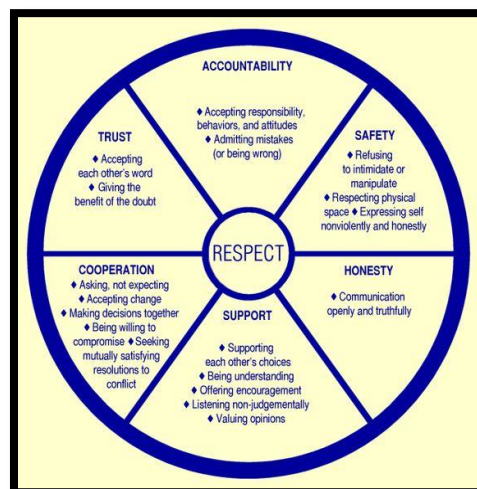
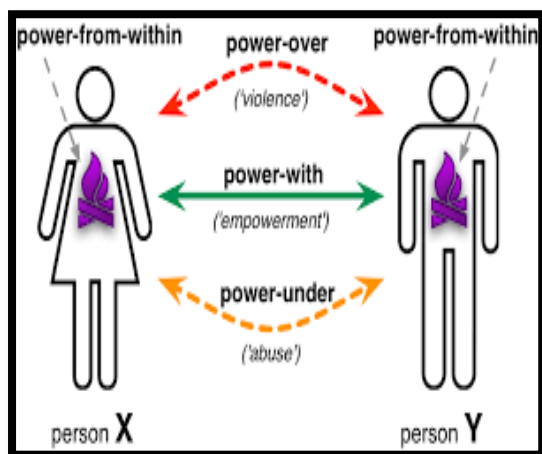
10 STEPS TO SETTING HEALTHY BOUNDARIES

1. Clearly identify your boundary.
2. Understand why you need the boundary.
3. Be straight forward.
4. Don't apologize or give long explanations.
5. Use a calm and polite tone.
6. Start with tighter boundaries (and then loosen up if appropriate).
7. Address boundary violations early.
8. Don't make it personal.
9. Use a support system.
10. Trust your intuition.

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**A HEALTHY
RELATIONSHIP WILL
NEVER REQUIRE
YOU TO SACRIFICE
YOUR GOALS,
YOUR DREAMS, OR
YOUR DIGNITY.**

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ANNEXURE IV.

C.V. of Resource Persons for the workshop on "Promoting Intergenerational Bonding" at Salwan Girls Sr. Sec. School on Saturday 27 January 2018

Session I: Activity Session: Dr. Usha Sharma.

Academic Qualifications:

M.A., Physical Education (Punjab University)

M.S., Planning & Administration (East Germany)

Ph.D. , Physical Education & Physical Culture (Jamia Islamia University)

Diploma in Badminton, NIS, Patiala.

Experience:

- Sports Officer: Haryana Sports Department
- Sports Supervisor: NDMC
- Sports Officer: Association of Universities
- Associate Professor: Lady Irwin College
- Deputy Administrator: ASIAD 82

Session II: Technical Session: Dr. Renu Malaviya

Academic Qualifications: M.Sc. (Child Development), **M.Ed., Ph.D.**

Diploma in Management of Learning Disabilities, Certificate in Professional Practice of Learning Disabilities.

Experience:

- Pedagogue and Mental Health professional.
- Currently Associate Professor at the Deptt. Of Education at Lady Irwin College, University of Delhi.
- Authored and edited 25 books and modules for teachers and other professionals as well as for children and parents.
- Published research and thematic articles in National and International journals.
- Conducted over 250 workshops on capacity building of women manager in higher education, life skill stress management, classroom management, special needs and inclusive education, parenting and psycho-social aspects development of children and adolescence, mental health and Intergenerational Bonding etc.
- She is the Joint Secretary of AIWEFA.



Session III: Legal Session: Adv. Shveta Gupta

Academic Qualifications: B.A., L.L.B. & M.S.W.

Experience:

- Senior Advocate in Tis Hazari Court, Delhi
- Extensive Legal research for various civil/criminal matters,
- Drafting of Petitions for district court, Delhi High court and Supreme Court,
- Member of Society '***Vikalp-Searching Together Learning Together***', working for legal awareness among School and college student at National Level.
- Associated with UN Volunteering programme (Adolescent Education Program)
- Conducted many workshops on Legal Awareness in schools and colleges.



ANNEXURE V.

(Attendance sheet of AIWEFA team & faculty)
Enclosed with the hard copy



ANNEXURE VI.

(Attendance sheet of student-participants)
Enclosed with the hard copy

ANNEXURE VIII.

Photographs





AIWEFA seeks partnerships for programmes on society welfare